## Statistical methods in public health

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## Statistical methods in public health <br> $\left\llcorner_{\text {Course outline }}\right.$

## Outline

The lectures and (computer) excersises will be given in C128 (2pm to 6 pm ) from September 1 to October 13. Course materials are available via wiki and Moodle pages.

- Different study designs
- Binary model
- Survival analysis
- Regression analysis
- Graphical models
- Case control studies

Practical work is used for the evaluation.

- The assignment of the practical work will be available via Moodle (October 13).


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## Statistical methods in public health <br> $\left\llcorner_{\text {Background }}\right.$

Epidemiology (short definition)
British Medical Journal (BMJ): "Epidemiology is the study of how often diseases occur in different groups of people and why."

What is it used for? "Epidemiological information is used to plan and evaluate strategies to prevent illness and as a guide to the management of patients in whom disease has already developed."

## Study designs

Cross-sectional All data are observed at one point in time
Cohort Group of individuals are measured at baseline, and after that they are followed up a certain period of time until the outcome occurs
Repeated measurements As in cohort study, but individuals are measured one or more times after the baseline

Retrospective designs E.g. in case-control studies the outcome is measured first, and after the the covariates (risk factors etc.) are measured retrospectively

Randomized studies Most reliable to assess causal effects, but cannot be applied in many research areas due to economic or ethical reasons.

## Statistical methods in public health

Example data set

## Data sets

Health and well-being for residents (ATH) (Cross-sectional study.) Data representing the Finnish population on, for instance, residents' lifestyles and experiences (not found in registers) were collected ${ }^{1}$

Framingham Heart Study (Repeated measurements cohort study.) The objective was to identify the common factors or characteristics that contribute to cardiovascular disease (CVD).
5,209 men and women between the ages of 30 and 62 were recruited from the town of Framingham, Massachusetts in $1948^{2}$. The open data set ${ }^{3}$ is used here.

## Statistical tools

Descriptive statistics Mean, prevalence, ...
Description of the outcome Incidence, ...
Associations Bivariate measures, regression models, ...

## Statistical methods in public health <br> Binary outcome

## Binary model

Probability of failure is $p$.


Odds: $O:=\frac{p}{1-p}:$


Failure probability $p$

[^0]
## Likelihood

Assume that we have observed $n$ for individuals a
binary outcome $y=\left(y_{1}, y_{2}, \ldots, y_{n}\right), y_{i} \in\{S, F\}$. For example, $n=10$ :

$\begin{array}{cccccccccc}y_{1} & y_{2} & y_{3} & y_{4} & y_{5} & y_{6} & y_{7} & y_{8} & y_{9} & y_{10} \\ S & F & F & S & S & S & S & F & S & F\end{array}$
Failure probability $p=\mathbb{P}\left\{Y_{i}=F\right\}$ is unknown, but same for all individuals (identically distributed).
We also assume independence of observations. The likelihood is a function of the possible parameter values (given the observations):

$$
\begin{gathered}
L(p ; y):=(1-p) \times p \times p \times(1-p) \times(1-p) \times \\
(1-p) \times(1-p) \times p \times(1-p) \times p= \\
p^{4} \times(1-p)^{6}=p^{\sum_{i} \mathbb{1}\left\{y_{i}={ }^{\prime \prime} F^{\prime \prime}\right\}} \times(1-p)^{\sum_{i} \mathbb{1}\left\{y_{i}=" S^{\prime \prime}\right\}}
\end{gathered}
$$

$Y_{2} \frac{1-p}{p-y_{2}=F}$

$$
Y_{3} \frac{1-p}{p-y_{3}=F}
$$

$$
Y_{4} \frac{1-p}{p} y_{4}=S
$$

## Statistical methods in public health $\llcorner$ Binary outcome

## Supported values of the parameter

In the previous example MLE was $\hat{p}=0.4$. We might be interested if the true (unknown) value of $p=0.5$. Does the data support this?
Consider likelihood ratio (LR)
$L(p ; y) / L(\hat{p} ; y)$.
Supported values are called those $p$ for which LR exceed a certain threshold value, e.g. 0.258 .


## Maximum Likelihood

Binary data, 10 observations, 4 failures (cases):


Value $p=0.4$ is where the likelihood attains it's maximum value and it is called the maximum likelihood estimate (MLE) $\hat{p}$.
The higher the likelihood value, the better supported by the data.

## Statistical methods in public health $\llcorner$ Binary outcome

## Likelihood vs. frequentist inference

A key question in likelihood inference (above) is how to choose the threshold. There is no concensus

Frequentist inference
Uncertainty is measured in terms of probability.

- Assume large number of repeated "experiments" in similar conditions (same sample size, same model, same parameter values, etc.)
- What is the coverage probability that the supported ranges of the experiments contain the true (unknown) parameter value?


## Log likelihood

The normal model with continuous outcome $Y_{i} \in \mathbb{R}$ :

$$
\begin{array}{r}
\ell\left(\mu, \sigma^{2} ; y\right):=\log L\left(\mu, \sigma^{2} ; y\right)= \\
\log \prod_{i=1}^{n} \frac{1}{\sqrt{2 \pi}} \exp \left\{-\frac{1}{2} \frac{\left(y_{i}-\mu\right)^{2}}{\sigma^{2}}\right\}= \\
\sum_{i=1}^{n}-\frac{1}{2} \log 2 \pi-\frac{1}{2} \frac{\left(y_{i}-\mu\right)^{2}}{\sigma^{2}}
\end{array}
$$

The logarithm of the likelihood is simpler to handle for several reasons:

- Finding the ML estimate using the gradient and finding the root is easy
- Avoids numerical instability (especially in case of large data sets)
Statistical methods in public health
Conditional probability and Bayes rul


## Conditional probability

Assume that some individuals have been exposed (E+) to a factor influencing the failure probability, and other have not ( $\mathrm{E}-$ ).
Observed (artificial) data:

|  | F | S | Sum |
| ---: | ---: | ---: | ---: |
| E+ | 20 | 380 | 400 |
| E- | 10 | 590 | 600 |
| Sum | 30 | 970 | 1000 |

$\hat{p} E-$
$\hat{p}_{E_{+}}=400 / 1000=0.4000=0.6$
$\mathrm{E}-\frac{\hat{p}_{S \mid E-}=590 / 600=0.983}{\hat{p}_{F \mid E-}=10 / 600=0.017} \mathrm{~F}$
$\mathrm{~F}+\frac{\hat{p}_{S \mid E+}=380 / 400=0.95}{\hat{p}_{F \mid E+}=20 / 400=0.05} \mathrm{~F}$

## Coverage probability

Assuming a single Gaussian random variable $Y$ (and $\sigma^{2}$ known) with observed value $y=\hat{\mu}$.
The log LR is
$\log \mathrm{LR}:=\ell\left(\mu, \sigma^{2} ; y\right)-\ell\left(\hat{\mu}, \sigma^{2} ; y\right)=-\frac{1}{2} \frac{(y-\mu)^{2}}{\sigma^{2}}--\frac{1}{2} \frac{(y-y)^{2}}{\sigma^{2}}=-\frac{1}{2} \frac{(y-\mu)^{2}}{\sigma^{2}}$
As $Y \sim N\left(\mu, \sigma^{2}\right)$, the standardized $Y$ follows the chi-squared
distribution with one degrees of freedom: $((Y-\mu) / \sigma)^{2} \sim \chi^{2}(1)$.
Supported range based on LR 0.258 is based on -1.35 for $\log$ LR.
The probability that the $\log \mathrm{LR}$ values are above -1.35 is

$$
F_{\chi^{2}(1)}(-2 \times-1.35)=0.9
$$

This result holds approximately for other log likelihoods e.g. the binary model. One needs to find the ML estimate and standard deviation

Statistical methods in pullic health
Conditional probability and Bayes rul

## Bayes rule

Assume that conditional probabilities $\mathbb{P}\{A \mid B\}$ are known, but we want "reversed" conditional probabilities $\mathbb{P}\{B \mid A\}$. Recall that

$$
\mathbb{P}\{A \mid B\}=\frac{\mathbb{P}\{A, B\}}{\mathbb{P}\{B\}}
$$

We need also $\mathbb{P}\{B\}$ in order to calculate the joint distribution $\mathbb{P}\{A, B\}=\mathbb{P}\{A \mid B\} \mathbb{P}\{B\}$.

After that $\mathbb{P}\{A\}$ can be calculated, and

$$
\mathbb{P}\{B \mid A\}=\frac{\mathbb{P}\{A, B\}}{\mathbb{P}\{A\}} .
$$

## Risk ratio (RR)

Commonly used statistic to illustrate the difference between the exposure groups is the risk ratio ( RR ):

$$
R R:=\frac{p_{F \mid E_{+}}}{p_{F \mid E_{-}}}
$$

In the previous example the RR estimate is
$\widehat{\mathrm{RR}}=\hat{p}_{F \mid E+} / \hat{p}_{F \mid E-}=0.05 / 0.017=3$

## Statistical methods in public health <br> -Comparing two groups

## Reparameterization

We want to estimate the difference of the two groups using RR
$\theta:=p_{F \mid E+} / p_{F \mid E-}$.
As $p_{F \mid E+}=\theta p_{F \mid E-}$, we still have two parameters:
Parameter of interest $\theta$
Nuisance parameter $p_{F \mid E-}$
Recall the log likelihood

$$
\begin{align*}
\ell\left(p_{F \mid E+}, p_{F \mid E_{-}} ; \text {data }\right)= & n_{F \mid E+} \log p_{F \mid E+}+n_{F \mid E+} \log \left(1-p_{F \mid E+}\right)+ \\
& n_{F \mid E-} \log p_{F \mid E-}+n_{F \mid E-} \log \left(1-p_{F \mid E_{-}}\right) . \tag{1}
\end{align*}
$$

How to get rid of a nuisance parameter?

- Estimate it.


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Comparing two groups
Log LR surface for the risk of unexposed and RR $p_{F \mid E-}$ and $\theta:=p_{F \mid E+} / p_{F \mid E-}$


Profile likelihood
Find $\hat{p}_{F \mid E-}$ for each $\theta$



[^0]:    $1_{\text {https: }} / /$ www.thl.fi/fi/web/thlfi-en/research-and-expertwork/population-studies/ath-health-a
    ${ }^{2}$ https://www.framinghamheartstudy.org/about-fhs/history.php
    $3^{3}$ http://www.stat.ncsu.edu/courses/sibs/datasets/framingham/, not
    suitable for research

