## Time Frequency Analysis - Winter 2012

## Exercise Set 3

3.1. Let $\mathbb{P}_{1}, \mathbb{P}_{1}$ be collections of tiles. Recall that $\cup_{P \in \mathbb{P}_{1}} P=\cup_{P \in \mathbb{P}_{2}} P$, then also $\operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{1}\right\}=\operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{2}\right\}$. Give an example to show that it is possible to have the second " $=$ " even if the first " $={ }^{\prime \prime} \mathbf{j}$ is replaced by " $\subseteq$ ". Let $P$ be any bitile and write $P=I_{P} \times \omega_{P}, I_{P}=I_{P_{l}} \cup I_{P_{r}}$ where $I_{P_{l}}$ and $I_{P_{r}}$ are the dyadic children of $I$ and let $\omega_{P}^{(1)}$ be the dyadic parent of $\omega_{P}$. Set $Q_{1}=I_{P_{l}} \times \omega_{P}^{(1)}$ and $Q_{2}=I_{P_{r}} \times \omega_{P}^{(1)}$. Now define (fo example) the collections $\mathbb{P}_{1} \stackrel{\text { def }}{=}\left\{P, Q_{2}\right\}$ and $\mathbb{P}_{2} \stackrel{\text { def }}{=}\left\{Q_{1}, Q_{2}\right\}$. Here is a picture:


Observe that $P \cup Q_{2} \subsetneq Q_{1} \cup Q_{2}$. Now Exercise 1.5 implies that there exists non-zero real numbers $c_{1}, c_{2}$ such that $w_{P}=c_{1} w_{Q_{1}}+c_{2} w_{Q_{2}}$. Thus on the one hand we have $\operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{1}\right\} \subseteq \operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{2}\right\}$. On the other hand since $c_{1} \neq 0$ we can write $w_{Q_{1}}=c_{1}^{\prime} w_{P}+c_{2}^{\prime} w_{Q_{2}}$ for some non-zero constants $c_{1}^{\prime}, c_{2}^{\prime}$. So we have that $w_{Q_{1}} \in \operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{2}\right\}$ and obviously $w_{Q_{2}} \in \operatorname{span}\left\{w_{P}\right.$ : $\left.P \in \mathbb{P}_{2}\right\}$ so we also get that $\operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{2}\right\} \subseteq \operatorname{span}\left\{w_{P}: P \in \mathbb{P}_{1}\right\}$ se the two subspaces are the same.
3.2. Let $\mathbb{P}$ be a finite collection of bitiles with density $(\mathbb{P}) \cdot \operatorname{energy}(\mathbb{P})=0$. Check that then $\sum_{P \in \mathbb{P}}\left\langle f, w_{P_{d}}\right\rangle\left\langle w_{P_{d}}, \mathbf{1}_{E_{P_{u}}}\right\rangle=0$. First recall the definitions

$$
\begin{aligned}
& \operatorname{density}(\mathbb{P}) \stackrel{\text { def }}{=} \sup _{P \in \mathbb{P}} \sup _{P^{\prime} \geq P} \frac{\left|I_{P^{\prime}} \cap E_{P^{\prime}}\right|}{\left|I_{P^{\prime}}\right|}, \quad E_{P^{\prime}} \stackrel{\text { def }}{=}\left\{x \in E: N(x) \in \omega_{P^{\prime}}\right\}, \\
& \operatorname{energy}(\mathbb{P}) \stackrel{\text { def }}{=} \sup _{\mathbb{T} \subseteq \mathbb{P}, \text { up-tree }}\left(\frac{1}{\left|I_{T}\right|} \sum_{P \in \mathbb{T}}\left|\left\langle f, w_{P_{d}}\right\rangle\right|^{2}\right)^{\frac{1}{2}} .
\end{aligned}
$$

If density $(\mathbb{P})=0$ then taking $P^{\prime}=P$ in the definition we have that $I_{P} \cap E_{P}=\emptyset$ for every $P \in \mathbb{P}$. Since $w_{P_{d}}$ is supported on $I_{P}$ we get that $\left\langle w_{P_{d}}, \mathbf{1}_{E_{P}}\right\rangle=0$ for every $P \in \mathbb{P}$ and thus the sum is zero. If energy $(\mathbb{P})=0$ then taking the tree consisting of the single tile $P$ in the definition we conclude that $\left\langle f, w_{P_{d}}\right\rangle=0$ for all $P \in \mathbb{P}$ thus the sum is again zero. Note that the tree lemma also immediately implies that the sum is zero whenever $\operatorname{energy}(\mathbb{T}) \cdot \operatorname{density}(\mathbb{T})=0$.
3.3. Prove the following corollary of the Density lemma and the Energy lemma: If $\mathbb{P}_{n}$ is a finite collection of bitiles with

$$
\operatorname{density}\left(\mathbb{P}_{n}\right) \leq 4^{n}|E|, \quad \operatorname{energy}\left(\mathbb{P}_{n}\right) \leq 2^{n}\|f\|_{L^{2}},
$$

then we can decompose it as $\mathbb{P}_{n}=\mathbb{P}_{n-1} \cup \bigcup_{j} \mathbb{T}_{n, j}$, where $\mathbb{P}_{n-1}$ satisfies the same bounds as $\mathbb{P}_{n}$ with $n-1$ in place of $n$, each $\mathbb{T}_{n, j}$ is a tree with top $\mathbb{T}_{n, j}$, and the top time intervals satisfy $\sum_{j}\left|I_{T_{n, j}}\right| \leq C 4^{-n}$. If density $\left(\mathbb{P}_{n}\right) \leq 4^{n-1}|E|$ and energy $\left(\mathbb{P}_{n}\right) \leq 2^{n-1}\|f\|_{L^{2}}$ then we do nothing and just set $\mathbb{P}_{n-1} \stackrel{\text { def }}{=} \mathbb{P}_{n}$. There are no trees in this case but we can always consider the empty set as a tree.

Initialize $\mathbb{Q}:=\mathbb{P}_{n}, \mathcal{T}_{n}:=\{\emptyset\}$.
IF

$$
\operatorname{energy}(\mathbb{Q}) \geq 2^{n-1}\|f\|_{L^{2}}
$$

THEN
apply the energy lemma to $\mathbb{Q}$ to write

$$
\mathbb{Q}=\mathbb{Q}_{o} \cup \bigcup_{j} \mathbb{T}_{n, j}^{*}
$$

where

$$
\operatorname{energy}\left(\mathbb{Q}_{o}\right) \leq \frac{1}{2} \operatorname{energy}(\mathbb{Q}) \leq 2^{n-1}\|f\|_{L^{2}}
$$

and

$$
\sum_{j}\left|I_{T_{n, j}^{*}}\right| \leq \operatorname{energy}(\mathbb{Q})^{-2}\|f\|_{L^{2}}^{2} \leq 4 \cdot 4^{-n}
$$

SET $\mathbb{Q}:=\mathbb{Q}_{o}$ and $\mathcal{T}_{n}=\left\{\mathbb{T}_{n, j}^{*}\right\}_{j}$ and observe that the density did not increase:

$$
\operatorname{density}(\mathbb{Q}) \leq 4^{n}|E|
$$

ELSE
IF

$$
\operatorname{energy}(\mathbb{Q}) \leq 2^{n-1}\|f\|_{L^{2}}
$$

THEN do nothing.
ENDIF
IF

$$
\operatorname{density}(\mathbb{Q}) \geq 4^{n-1}|E|
$$

THEN
apply the density lemma to $\mathbb{Q}$ to write

$$
\mathbb{Q}=\mathbb{Q}_{1} \cup \bigcup_{j} \tilde{\mathbb{T}}_{n, j}
$$

where

$$
\operatorname{density}\left(\mathbb{Q}_{1}\right) \leq \frac{1}{4} \operatorname{energy}(\mathbb{Q}) \leq 4^{n-1}|E|,
$$

and

$$
\sum_{j}\left|I_{\tilde{T}_{n, j}}\right| \leq \operatorname{density}(\mathbb{Q})^{-1}|E| \leq 4 \cdot 4^{-n}
$$

SET $\mathbb{Q}:=\mathbb{Q}_{1}$ and $\mathcal{T}_{n}:=\mathcal{T}_{n} \cup\left\{\tilde{\mathbb{T}}_{n, j}\right\}_{j}$ and observe that the energy did not increase:

$$
\operatorname{energy}(\mathbb{Q}) \leq 2^{n-1}\|f\|_{L^{2}}
$$

ELSE
IF

$$
\operatorname{density}(\mathbb{Q}) \leq 4^{n-1}|E|
$$

THEN do nothing.
ENDIF
SET $\mathbb{P}_{n-1}:=\mathbb{Q}$ and observe

$$
\operatorname{density}\left(\mathbb{P}_{n-1}\right) \leq 4^{n-1}|E|, \quad \operatorname{energy}\left(\mathbb{P}_{n-1}\right) \leq 2^{n-1}\|f\|_{L^{2}}
$$

and

$$
\sum_{\mathbb{T} \in \mathcal{T}_{n}}\left|I_{T}\right|=\sum_{j}\left|I_{T_{n, j}^{*}}\right|+\sum_{j}\left|I_{\tilde{T}_{n, j}}\right| \leq 4 \cdot 4^{-n}+\cdot 4 \cdot 4^{-n} \leq 8 \cdot 4^{-n} .
$$

3.4. Let $\mathbb{P}$ be a finite collection of tiles with the property that $\sum_{P \in \mathbb{P}} \mathbf{1}_{P} \leq n$. Show that there exists a decomposition $\mathbb{P}=\bigcup_{j=1}^{n} \mathbb{P}_{j}$, where each $\mathbb{P}_{j}$ is a pairwise disjoint collection of tiles. Give an example to show that the claim is not true if the tiles are replaced by arbitrary sets. Consider all the tiles that have an $n$-intersection. Among the choose the longest ones, remove them from $\mathbb{P}$ and put them in $\mathbb{P}_{1}$. Repeat the process until there are no more $n$-intersections. Set $\mathbb{P}^{\prime} \stackrel{\text { def }}{=} \mathbb{P} \backslash \mathbb{P}_{1}$. By construction we have that $\sum_{P \in \mathbb{P}^{\prime}} \mathbf{1}_{P} \leq n-1$. Now we claim that all the tiles in $\mathbb{P}_{1}$ are disjoint. Assume on the contrary that $P, P^{\prime} \in \mathbb{P}_{1}$ and $P \cap P^{\prime} \neq \emptyset$. We must have $\left|I_{P}\right| \neq\left|I_{P^{\prime}}\right|$ otherwise we would have $P=P^{\prime}$ since they are both dyadic and they intersect. We can thus assume that $I_{P^{\prime}} \subsetneq I_{P}$ and $\omega_{P} \subsetneq \omega_{P}^{\prime}$. Since $\left|I_{P}\right|>\left|I_{P^{\prime}}\right|$ the tile $P$ was chosen first. On the other hand, when the tile $P^{\prime}$ was chosen it had an $n$-intersection with some tiles $Q_{j}$ with $\left|I_{Q_{j}}\right|<\left|I_{P^{\prime}}\right|$. Thus for all the $Q_{j}$ we had $I_{Q_{j}} \subset I_{P^{\prime}} \subset I_{P}$. On the other hand we have $\left|\omega_{Q_{j}}\right|>\left|\omega_{P^{\prime}}\right|$ so that all the $Q_{j}$ 's satisfied $\omega_{P} \subset \omega_{P^{\prime}} \subset \omega_{Q_{j}}$. We conclude that the $Q_{j}^{\prime}, P^{\prime}$ and $P$ had an $(n+1)$-intersection which is a contradiction. Continuing inductively we define the remaining collections $\mathbb{P}_{2}, \ldots, \mathbb{P}_{n}$, all of the consisting of pairwise disjoint tiles.
3.5. Show that we have $\|M f\|_{L^{2}} \leq 2\|f\|_{L^{2}}$ for the dyadic maximal function. Recall the definition

$$
M f(x) \stackrel{\text { def }}{=} \sup _{J \in \mathcal{D}} \frac{\mathbf{1}_{J}(x)}{|J|} \int_{J}|f(y)| d y
$$

Since $M$ only takes into account the modulus of $f$ it obviously suffices to consider nonnegative functions $f$. Assume also that $f$ is a simple function supported on a finitely many dyadic intervals. Then in the definition of the maximal function there are only finitely many dyadic intervals involved and the supremum is actually a maximum.

Thus for any $x \in \mathbb{R}$ we can define $J(x)$ to be the maximal dyadic interval $J(x) \ni x$ such that

$$
\frac{1}{|J(x)|} \int_{J(x)} f(y) d y=M f(x)
$$

The claim is that it is equivalent to consider the linear operator

$$
\tilde{M} f(x)=\sum_{J \in \mathcal{D}} \frac{\mathbf{1}_{E(J)}(x)}{|J|} \int_{J} f(y) d y
$$

for some arbitrary selection of sets $E(J) \subset J$ which are pairwise disjoint, that is $E(J) \cap E\left(J^{\prime}\right)=\emptyset$ if $J \neq J^{\prime}$. Indeed for any $x \in \mathbb{R}$ there is a unique $E\left(J^{\prime}\right) \ni x$ since the $E(J)^{\prime} s$ are disjoint so that that

$$
\sum_{J \in \mathcal{D}} \frac{\mathbf{1}_{E(J)}(x)}{|J|} \int_{J} f(y) d y=\frac{\mathbf{1}_{E\left(J^{\prime}\right)}}{\left|J^{\prime}\right|} \int_{J^{\prime}} f(y) d y \leq M f(x)
$$

On the other hand, set $E(J)=\{x \in \mathbb{R}: J=J(x)\} \subset J$. It is not hard to see that $E(J) \cap E(K)=\emptyset$ if $J \neq K$. Indeed, this is clear if $J \cap K=\emptyset$. If $J \subset K$ say and $E(J) \cap E(K) \ni y$ then we have that $J(y)=K=J$ which is impossible since $J(y)$ was maximal with that property. Also the collection $\{E(J): J \in \mathcal{D}\}$ covers $\mathbb{R}$ since for every $x \in \mathbb{R}$ we have that $x \in E(J(x))$. Thus for every $x \in \mathbb{R}$ there is a unique $J$ such that $x \in E(J)$ and

$$
\tilde{M} f(x) \geq \frac{\mathbf{1}_{E(J)}(x)}{|J|} \int_{J} f(y) d y \geq M f(x)
$$

Let us find a formula for the adjoint $M^{*}$. We have

$$
\begin{aligned}
\int M f g & =\sum_{J \in \mathcal{D}} \int \frac{\mathbf{1}_{E(J)}(x)}{|J|} \int_{J} f(y) d y g(x) d x \\
& =\sum_{J \in \mathcal{D}} \iint \frac{\mathbf{1}_{E(J)(x)} \mathbf{1}_{J}(y)}{|J|} f(y) g(x) d x d y \\
& =\int f(y)\left(\sum_{J \in \mathcal{D}} \frac{\mathbf{1}_{J}(x)}{|J|} \int_{E(J)} g(x) d x\right) d y
\end{aligned}
$$

so that

$$
\tilde{M}^{*} g(x)=\sum_{J \in \mathcal{D}} \frac{\mathbf{1}_{J}(x)}{|J|} \int_{E(J)} g(y) d y
$$

Thus

$$
\tilde{M} \tilde{M}^{*} f(x)=\sum_{I \in \mathcal{D}} \sum_{J \in \mathcal{D}} \mathbf{1}_{E(I)}(x) \frac{|I \cap J|}{|I| \cdot|J|} \int_{E(J)} f(y) d y
$$

If $I \cap J=\emptyset$ then the previous sum is zero. If $I \subseteq J$ then $|I \cap J|=|I|$ thus

$$
\begin{aligned}
\sum_{J} \sum_{I \subseteq J} \mathbf{1}_{E(I)}(x) \frac{|I \cap J|}{|I| \cdot|J|} \int_{E(J)} f(y) d y & =\sum_{I} \sum_{I \subseteq J} \frac{\mathbf{1}_{E(I)}(x)}{|J|} \int_{J} f(y) d y \\
& \leq \sum_{J}\left(\mathbf{1}_{\cup_{I \subset J} E(I)}(x)\right) \frac{1}{|J|} \int_{J} f(y) d y \\
& \leq \sum_{J} \frac{\mathbf{1}_{J}(x)}{|J|} \int_{J} f(y) d y=\tilde{M} f(x)
\end{aligned}
$$

Similarly, if $J \subsetneq I$ then $|I \cap J|=|J|$ and we get

$$
\begin{aligned}
\sum_{I} \sum_{J \subsetneq I} \mathbf{1}_{E(I)}(x) \frac{|I \cap J|}{|I| \cdot|J|} \int_{E(J)} f(y) d y & =\sum_{I} \mathbf{1}_{E(I)}(x) \frac{1}{|I|} \int f(y)\left(\sum_{J \subsetneq I} \mathbf{1}_{E(J)}(y)\right) d y \\
& \leq \sum_{I} \frac{\mathbf{1}_{E(I)}(x)}{|I|} \int f(y) \mathbf{1}_{I}(y) d y=\tilde{M}^{*} f(x)
\end{aligned}
$$

Summing the estimates gives $\tilde{M} \tilde{M}^{*} f \leq \tilde{M} f(x)+\tilde{M}^{*} f(x)$ so for every $f \in L^{2}$ which is a step function supported on finitely many dyadic intervals we have

$$
\left\|\tilde{M} \tilde{M}^{*} f\right\|_{2} \leq\|\tilde{M} f\|_{2}+\left\|\tilde{M}^{*} f\right\|_{2} \leq 2\|\tilde{M}\|_{L^{2} \rightarrow L^{2}}
$$

where we used the general fact that $\left\|T^{*}\right\|=\|T\|$ whenever $T: H \rightarrow H$ is a linear operator and $H$ is a Hilbert space. Using the also general identity $\left\|T T^{*}\right\|=\left\|T^{*} T\right\|=$ $\|T\|^{2}=\left\|T^{*}\right\|^{2}$ we have

$$
\|\tilde{M}\|_{L^{2} \rightarrow L^{2}}^{2}=\left\|\tilde{M} \tilde{M}^{*}\right\|_{L^{2} \rightarrow L^{2}} \leq 2\|\tilde{M}\|_{L^{2} \rightarrow L^{2}}
$$

which gives the claim of the exercise after dividing by $\|\tilde{M}\|_{L^{2} \rightarrow L^{2}}$.
Remark 1. We have used the following:
Lemma 2. Let $T: H \rightarrow H$ be a linear operator on a Hilbert space $H$ and let $T^{*}: H \rightarrow H$ be its adjoint. Then

$$
\|T\|_{H \rightarrow H}=\left\|T^{*}\right\|_{H \rightarrow H}=\left\|T T^{*}\right\|_{H \rightarrow H}^{\frac{1}{2}}
$$

Proof. The first identity is just duality. For any $y \in H$ and $x^{*} \in H$ we have

$$
\begin{align*}
& \left|\left\langle T y, x^{*}\right\rangle\right|=\left|\left\langle y, T^{*} x^{*}\right\rangle\right| \leq\|y\|_{H}\left\|T^{*}\right\|_{H \rightarrow H}\left\|x^{*}\right\|_{H}  \tag{1}\\
& \left|\left\langle T y, x^{*}\right\rangle\right|=\left|\left\langle y, T^{*} x^{*}\right\rangle\right| \leq\|y\|_{H}\|T\|_{H \rightarrow H}\left\|x^{*}\right\|_{H} \tag{2}
\end{align*}
$$

Taking the supremum in (1) over $x^{*} \in H$ with $\left\|x^{*}\right\|_{H}=1$ we get

$$
\|T y\|_{X} \leq\left\|T^{*}\right\|\|y\|_{H}
$$

thus $\|T\|_{H \rightarrow H} \leq\left\|T^{*}\right\|$. Taking the supremum in (2) over $y \in H$ with $\|y\|_{H}=1$ we get

$$
\left\|T^{*} x^{*}\right\|_{H} \leq\|T\|\left\|x^{*}\right\|_{H},
$$

that is $\left\|T^{*}\right\|_{H \rightarrow H} \leq\|T\|_{H \rightarrow H}$.

The two inequalities prove the first identity. For the second observe that

$$
\left\|T T^{*}\right\|_{H \rightarrow H} \leq\|T\|_{H \rightarrow H}\left\|T^{*}\right\|_{H \rightarrow H}=\left\|T^{*}\right\|_{H \rightarrow H}^{2}
$$

by the first identity we already proved. To show the opposite inequality note that for every $x^{*} \in H$ we have

$$
\begin{aligned}
\left\|T^{*} x^{*}\right\|_{H}^{2} & =\left\langle T^{*} x^{*}, T^{*} x^{*}\right\rangle=\left\langle x^{*}, T T^{*} x^{*}\right\rangle \leq\left\|x^{*}\right\|_{X^{*}}\left\|T T^{*} x^{*}\right\|_{X} \\
& \leq\left\|T T^{*}\right\|_{H \rightarrow H}\left\|x^{*}\right\|_{H}^{2}
\end{aligned}
$$

Taking square roots and then supremum for $\left\|x^{*}\right\|_{H} \leq 1$ proves

$$
\left\|T^{*}\right\|_{H \rightarrow H} \leq\left\|T T^{*}\right\|_{H \rightarrow H}^{\frac{1}{2}}
$$

