# SINGULAR INTEGRALS ON AHLFORS-DAVID REGULAR SUBSETS OF THE HEISENBERG GROUP 

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#### Abstract

We investigate certain singular integral operators with Riesz-type kernels on s-dimensional Ahlfors-David regular subsets of Heisenberg groups. We show that $L^{2}$ boundedness, and even a little less, implies that $s$ must be an integer and the set can be approximated at some arbitrary small scales by homogeneous subgroups. It follows that the operators cannot be bounded on many self similar fractal subsets of Heisenberg groups.


## 1. Introduction

In this paper we study certain singular integral operators on lower dimensional, in terms of Hausdorff dimension, subsets of the Heisenberg group $\mathbb{H}^{n}$. We shall first review analogous results which are known to be true in $\mathbb{R}^{n}$. We shall study Ahlfors-David regular and somewhat more general sets and measures:

Definition 1.1. A Borel measure $\mu$ on a metric space $X$ is Ahlfors-David regular, or AD-regular, if for some positive numbers $s$ and $C$,

$$
r^{s} / C \leq \mu(B(x, r)) \leq C r^{s} \text { for all } x \in \operatorname{spt} \mu, 0<r<\operatorname{diam}(\operatorname{spt} \mu),
$$

where $\operatorname{spt} \mu$ stands for the support of $\mu$.
In $\mathbb{R}^{n}$ the most well known relevant singular integral operators for such $s$-dimensional AD-regular measures are those defined by the vector-valued Riesz kernel $|x|^{-s-1} x, x \in \mathbb{R}^{n}$. The basic question is the validity of the $L^{2}$-boundedness:

$$
\begin{equation*}
\int\left|\int_{X \backslash B(x, r)} \frac{x-y}{|x-y|^{s+1}} g(y) d \mu y\right|^{2} d \mu x \leq C \int|g|^{2} d \mu \tag{1.1}
\end{equation*}
$$

for all $g \in L^{2}(\mu)$ and all $r>0$.
Vihtilä showed in [V] that if this $L^{2}$-boundedness holds for some non-trivial $s$-dimensional AD-regular measure in $\mathbb{R}^{n}$, then $s$ must be an integer. Moreover, it was shown in [MPa] and [M3] that in this case $\mu$ can be approximated almost everywhere at some arbitrarily small scales by Hausdorff $s$-dimensional measures on $s$-planes. In our main theorem, Theorem 3.1, we prove natural analogues of these results in $\mathbb{H}^{n}$.

[^0]It is an open question in $\mathbb{R}^{n}$, and will remain as such also in $\mathbb{H}^{n}$, whether above 'some arbitrarily small scales' could be replaced by 'all sufficiently small scales'. This would mean that $\mu$ would be a rectifiable measure. Even more could be expected: for ADregular sets in $\mathbb{R}^{n}$ the $L^{2}$-boundedness could be equivalent to the uniform rectifiability in the sense of David and Semmes, the converse is known to hold, see [DS]. This equivalence is valid for 1-dimensional AD-regular sets in $\mathbb{R}^{n}$ by [MMV], for further related results, see for example [Pa].

In the last section of the paper we discuss some self-similar sets to which our results apply. First we modify ideas of Strichartz from [St] to construct standard Cantor sets on which the Riesz transforms cannot be $L^{2}$-bounded. These are kind of analogues of the Garnett-Ivanov Cantor sets (see [T]) which many authors have used as examples to study and illustrate Cauchy and Riesz transforms and analytic and harmonic capacities. In fact, we shall prove the non-boundedness of our Riesz transforms on more general self-similar sets.

## 2. Notation and Setting

For an introduction to Heisenberg groups, see for example [CDPT] or [BLU]. Below we state the basic facts needed in this paper.

The Heisenberg group $\mathbb{H}^{n}$, identified with $\mathbb{R}^{2 n+1}$, is a non-abelian group where the group operation is given by,

$$
p \cdot q=\left(p_{1}+q_{1}, . ., p_{2 n}+q_{2 n}, p_{2 n+1}+q_{2 n+1}+A(p, q)\right),
$$

where

$$
A(p, q)=-2 \sum_{i=1}^{n}\left(p_{i} q_{i+n}-p_{i+n} q_{i}\right)
$$

We will also denote points $p \in \mathbb{H}^{n}$ by $p=\left(p^{\prime}, p_{2 n+1}\right), p^{\prime} \in \mathbb{R}^{2 n}, p_{2 n+1} \in \mathbb{R}$. For any $q \in \mathbb{H}^{n}$ and $r>0$, let $\tau_{q}: \mathbb{H}^{n} \rightarrow \mathbb{H}^{n}$ be the left translation

$$
\tau_{q}(p)=q \cdot p
$$

and define the dilation $\delta_{r}: \mathbb{H}^{n} \rightarrow \mathbb{H}^{n}$ by

$$
\delta_{r}(p)=\left(r p_{1}, . ., r p_{2 n}, r^{2} p_{2 n+1}\right) .
$$

These dilations are group homomorphisms.
A natural metric $d$ on $\mathbb{H}^{n}$ is defined by

$$
d(p, q)=\left\|p^{-1} \cdot q\right\|
$$

where

$$
\|p\|=\left(\left\|\left(p_{1}, . ., p_{2 n}\right)\right\|_{\mathbb{R}^{2 n}}^{4}+p_{2 n+1}^{2}\right)^{\frac{1}{4}} .
$$

The metric is left invariant, that is $d\left(q \cdot p_{1}, q \cdot p_{2}\right)=d\left(p_{1}, p_{2}\right)$, and the dilations satisfy $d\left(\delta_{r}\left(p_{1}\right), \delta_{r}\left(p_{2}\right)\right)=r d\left(p_{1}, p_{2}\right)$. The closed and open balls with respect to $d$ will be denoted by $B(p, r)$ and $U(p, r)$. Moreover, we use the notation $B(r)$ and $U(r)$ when the centre $p$ is the origin 0 , which is the neutral element of the group. The Euclidean metric on $\mathbb{H}^{n}$ will be denoted by $d_{E}$.

A subgroup $G$ of $\mathbb{H}^{n}$ is called homogeneous if it is closed and invariant under the dilations; $\delta_{r}(G)=G$ for all $r>0$. Every homogeneous subgroup $G$ is a linear subspace of $\mathbb{R}^{2 n+1}$. We call $G$ a $d$-subgroup if its linear dimension $\operatorname{dim} G$ is $d$.
We denote

$$
\mathbb{T}=\left\{p \in \mathbb{H}^{n}: p^{\prime}=0\right\} \text { and } H=\left\{p \in \mathbb{H}^{n}: p_{2 n+1}=0\right\}
$$

Then $T$ is a homogeneous subgroup but $H$ is not a subgroup. We shall often identify $H$ with $\mathbb{R}^{2 n}$.

If $V$ is a $d$-subgroup of $\mathbb{H}^{n}$, define the cone $X(p, V, \delta)$ for $p \in \mathbb{H}^{n}$ and $\delta \in(0,1)$ as

$$
\begin{equation*}
X(p, V, \delta):=\left\{q \in \mathbb{H}^{n}: \operatorname{dist}\left(p^{-1} \cdot q, V\right)<\delta d(q, p)\right\} . \tag{2.1}
\end{equation*}
$$

It follows that $X(p, V, \delta)=p \cdot X(0, V, \delta)$.
We shall denote by $G(m, k)$ the Grassmannian of $k$-dimensional subspaces of $\mathbb{R}^{m}$ and $G(m):=\cup_{k=0}^{m} G(m, k)$. Then $G(m)$ is a compact metric space, for example with the metric $\rho, \rho(V, W)=\left\|P_{V}-P_{W}\right\|$, where $P_{V}$ is the orthogonal projection onto $V$ and $\|\cdot\|$ is the operator norm.
Definition 2.1. For $L \in G(2 n)$, denote

$$
V_{L}=\left\{p \in \mathbb{H}^{n}: p^{\prime} \in L\right\}=L \times \mathbb{T}
$$

Every such $V_{L}$ is a homogeneous subgroup and it will be called vertical.
Definition 2.2. For $d \in[1,2 n]$ let

$$
\mathcal{V}_{d}=\left\{V_{L}: L \in G(2 n, d-1)\right\} .
$$

Each vertical subgroup in $\mathcal{V}_{d}$ is a $d$-subgroup with metric (Hausdorff) dimension $d+1$. Moreover, let

$$
\operatorname{tr} \mathcal{V}_{d}=\left\{a \cdot V_{L}: a \in \mathbb{H}^{n}, L \in G(2 n, d-1)\right\} .
$$

The homogeneous subgroups of $\mathbb{H}^{n}$ which are not vertical are called horizontal. They are linear subpaces of $H$, that is, they belong to $G(2 n)$. A subspace $L \in G(2 n)$ is a (homogeneous) subgroup if and only if $A(p, q)=0$ for all $p, q \in L$.

Definition 2.3. For $d \in[0,2 n]$ let
$\mathcal{W}_{d}=\left\{G \subset \mathbb{H}^{n}: G\right.$ is a horizontal subgroup of $\mathbb{H}^{n}$ such that $\left.G \in G(2 n, d)\right\}$,
and

$$
\operatorname{tr} \mathcal{W}_{d}=\left\{a \cdot G: a \in \mathbb{H}^{n}, G \in \mathcal{W}_{d}\right\}
$$

We denote by $G r(n, m)$ the set of homogeneous subgroups of $\mathbb{H}^{n}$ of Hausdorff dimension $m$. It is a closed subset of $G(2 n+1)$. The Haar measures of $V \in G r(n, m)$ are the positive constant multiples of $\mathcal{H}^{m}\left\lfloor V\right.$, the restriction of the $m$-dimensional Hausdorff measure $\mathcal{H}^{m}$ to $V$. We denote the set of all such Haar measures by $\mathcal{H}(n, m)$.

Lemma 2.4. Let $L \in G(2 n)$ such that $L$ is not a subgroup of $\mathbb{H}^{n}$. Then there exists $p \in L$ such that every sequence $\left(r_{i}\right)$ of positive numbers tending to 0 has a subsequence $\left(r_{i_{j}}\right)$ such that for some vertical subgroup $M$ with $\operatorname{dim} M=\operatorname{dim} L$,

$$
\delta_{1 / r_{i_{j}}}\left(p^{-1} L\right) \rightarrow M \text { as } j \rightarrow \infty .
$$

Proof. Since $L$ is not a subgroup there exist $p, q \in L$ such that $p^{-1} q \notin L$. That $p, q \in$ $L, p^{-1} q \notin L$ means that $A(p, q) \neq 0$. Let $p_{i}=p+r_{i}^{2} q \in L$. Then

$$
\delta_{1 / r_{i}}\left(p^{-1} \cdot p_{i}\right)=\left(r_{i} q^{\prime},-A(p, q)\right) \rightarrow(0,-A(p, q)) \in \mathbb{T} \backslash\{0\} .
$$

We can take a subseqence $\left(r_{i_{j}}\right)$ of $\left(r_{i}\right)$ such that the linear subspaces $\delta_{1 / r_{i_{j}}}\left(p^{-1} L\right)$ converge to some linear subspace $M$ of $\mathbb{R}^{2 n+1}$. Then $\mathbb{T} \subset M \subset V_{L}$ and $\operatorname{dim} M=\operatorname{dim} \delta_{1 / r_{i_{j}}}\left(p^{-1} L\right)=$ $\operatorname{dim} L$ for all $j$.
Definition 2.5. The $s$-Riesz kernels in $\mathbb{H}^{n}, s \in(0,2 n+2)$, are defined as

$$
R_{s}(p)=\left(R_{s, 1}(p), \ldots, R_{s, 2 n+1}(p)\right)
$$

where

$$
R_{s, i}(p)=\frac{p_{i}}{\|p\|^{s+1}} \text { for } i=1, \ldots, 2 n
$$

and

$$
R_{s, 2 n+1}(p)=\frac{p_{2 n+1}}{\|p\|^{s+2}}
$$

Notice that these kernels are antisymmetric,

$$
R_{s}\left(p^{-1}\right)=\left(R_{s}(p)\right)^{-1},
$$

and $s$-homogeneous,

$$
R_{s}\left(\delta_{r}(p)\right)=\delta_{\frac{1}{r^{s}}}\left(R_{s}(p)\right)
$$

Definition 2.6. For a Radon measure $\mu$ in $\mathbb{H}^{n}$, define the truncated $s$-Riesz transforms for $f \in L^{1}(\mu)$ by

$$
\mathcal{R}_{s}^{\varepsilon}(f)(p)=\left(\mathcal{R}_{s, i}^{\varepsilon}(f)(p)\right)_{i=1}^{2 n+1}
$$

where

$$
\mathcal{R}_{s, i}^{\varepsilon}(f)(p)=\int_{\mathbb{H}^{n} \backslash B(p, \varepsilon)} R_{s, i}\left(p^{-1} \cdot q\right) f(q) d \mu q .
$$

The maximal $s$-Riesz transform is given by

$$
\mathcal{R}_{s}^{*}(f)(p)=\left(\mathcal{R}_{s, i}^{*}(f)(p)\right)_{i=1}^{2 n+1}
$$

where

$$
\mathcal{R}_{s, i}^{*}(f)(p)=\sup _{\varepsilon>0}\left|\mathcal{R}_{s, i}^{\varepsilon}(f)(p)\right| \text { for } i=1, \ldots, 2 n+1 .
$$

The maximal operator $\mathcal{R}_{s}^{*}$ is said to be bounded in $L^{2}(\mu)$ if the coordinate maximal operators $\mathcal{R}_{s, i}^{*}$ are bounded in $L^{2}(\mu)$ for all $i=1, \ldots, 2 n+1$.
Remark 2.7. As an application of the T 1 theorem in spaces of homogeneous type, see [DH], it follows that if $m \in \mathbb{N} \cap[1,2 n+2]$ the maximal $m$-Riesz transforms $\mathcal{R}_{m}^{*}$ are bounded in $L^{2}(\mu)$ for all $\mu \in \mathcal{H}(n, m)$.

Let $\mu$ be a Radon measure in $\mathbb{H}^{n}$. The image $f_{\#} \mu$ under a map $f: \mathbb{H}^{n} \rightarrow \mathbb{H}^{n}$ is the measure on $\mathbb{H}^{n}$ defined by

$$
f_{\#} \mu(A)=\mu\left(f^{-1}(A)\right) \text { for all } A \subset \mathbb{H}^{n}
$$

For $a \in \mathbb{H}^{n}$ and $r>0, T_{a, r}: \mathbb{H}^{n} \rightarrow \mathbb{H}^{n}$ is defined for all $p \in \mathbb{H}^{n}$ by

$$
T_{a, r}(p)=\delta_{1 / r}\left(a^{-1} \cdot p\right) .
$$

Definition 2.8. Let $\mu$ be a Radon measure on $\mathbb{H}^{n}$. We say that $\nu$ is a tangent measure of $\mu$ at $a \in \mathbb{H}^{n}$ if $\nu$ is a Radon measure on $\mathbb{H}^{n}$ with $\nu\left(\mathbb{H}^{n}\right)>0$ and there are positive numbers $c_{i}$ and $r_{i}, i=1,2, \ldots$, such that $r_{i} \rightarrow 0$ and

$$
c_{i} T_{a, r_{i} \#} \mu \rightarrow \nu \text { weakly as } i \rightarrow \infty .
$$

We denote by $\operatorname{Tan}(\mu, a)$ the set of all tangent measures of $\mu$ at a.
The numbers $c_{i}$ are normalization constants which are needed to keep $\nu$ non-trivial and locally finite. Often one can use $c_{i}=\mu\left(B\left(a, r_{i}\right)\right)^{-1}$. The following lemma follows as in Remark 14.4 in [M2].
Lemma 2.9. Let $\mu$ be a Radon measure on $\mathbb{H}^{n}$ and $s>0$ such that for $\mu$ a.e. $p \in \mathbb{H}^{n}$,

$$
\begin{equation*}
0<\liminf _{r \rightarrow 0} \frac{\mu(B(p, r))}{r^{s}} \leq \limsup _{r \rightarrow 0} \frac{\mu(B(p, r))}{r^{s}}<\infty \tag{2.2}
\end{equation*}
$$

Then for $\mu$ a.e. $a \in \mathbb{H}^{n}$ for every $\nu \in \operatorname{Tan}(\mu, a), 0 \in \operatorname{spt} \nu$, and every sequence $\left(r_{k}\right)$ of positive numbers tending to 0 has a subsequence $\left(r_{k_{i}}\right)$ such that for some positive number c,

$$
\nu=c \lim _{i \rightarrow \infty} r_{k_{i}}^{-s} T_{a, r_{k_{i}} \sharp} \mu .
$$

Definition 2.10. Let $\mu$ be a Radon measure on $\mathbb{H}^{n}$. We say that $\nu$ is an iterated tangent measure of $\mu$ at $a \in \mathbb{H}^{n}$ if there are Radon measures $\nu_{1}, \ldots, \nu_{m}$ and points $p_{i} \in \operatorname{spt} \nu_{i}, i=$ $1, \ldots, m-1$, such that $\nu=\nu_{m}$ and

$$
\nu_{1} \in \operatorname{Tan}(\mu, a), \nu_{2} \in \operatorname{Tan}\left(\nu_{1}, p_{1}\right), \ldots, \nu_{m} \in \operatorname{Tan}\left(\nu_{m-1}, p_{m-1}\right)
$$

We denote by $\operatorname{itTan}(\mu, a)$ the set of all iterated tangent measures of $\mu$ at a.
Lemma 2.11. Let $\mu$ be a Radon measure on $\mathbb{H}^{n}$ and $m$ a positive integer such that for $\mu$ a.e. $p \in \mathbb{H}^{n}$,

$$
\begin{equation*}
0<\liminf _{r \rightarrow 0} \frac{\mu(B(p, r))}{r^{m}} \leq \limsup _{r \rightarrow 0} \frac{\mu(B(p, r))}{r^{m}}<\infty \tag{2.3}
\end{equation*}
$$

If for $\mu$ a.e. $a \in \mathbb{H}^{n} \operatorname{it} \operatorname{Tan}(\mu, a) \cap \mathcal{H}(n, m) \neq \emptyset$, then for $\mu$ a.e. $a \in \mathbb{H}^{n} \operatorname{Tan}(\mu, a) \cap \mathcal{H}(n, m) \neq$ $\emptyset$.

Proof. For $k=1,2 \ldots$, let $A_{k}$ be the set of all $a \in \mathbb{H}^{n}$ such that (2.3) holds and for every $V \in G r(n, m)$ and every $r, 0<r<1 / k$, either

$$
\begin{equation*}
\mu(B(a, k r) \backslash X(a, V, 1 / k)) \geq k^{-1} \mu(B(a, r)) \tag{2.4}
\end{equation*}
$$

or

$$
\begin{align*}
& \text { there are } p, q \in a \cdot V \cap B(a, k r) \text { and } \rho \in[r / k, k r] \text {, such that } \\
& \qquad \mu(B(p, \rho)) \leq(1-1 / k) \mu(B(q, \rho)) . \tag{2.5}
\end{align*}
$$

Then $A_{k}$ is a Borel set. Let $A=\bigcup_{k=1}^{\infty} A_{k}$.
Suppose $a \in \mathbb{H}^{n} \backslash A$. Then for every $k=1,2, \ldots$, there are $V_{k} \in G r(n, m)$ and $r_{k}, 0<r_{k}<1 / k$, such that

$$
\begin{equation*}
\mu\left(B\left(a, k r_{k}\right) \backslash X\left(a, V_{k}, 1 / k\right)\right)<k^{-1} \mu\left(B\left(a, r_{k}\right)\right) \tag{2.6}
\end{equation*}
$$

and

$$
\begin{align*}
& \text { for all } p, q \in a \cdot V_{k} \cap B\left(a, k r_{k}\right) \text { and } \rho \in\left[r_{k} / k, k r_{k}\right], \\
& \mu(B(p, \rho))>(1-1 / k) \mu(B(q, \rho)) . \tag{2.7}
\end{align*}
$$

Let $\nu \in \operatorname{Tan}(\mu, a)$. By Lemma 2.9 and the compactness of $G r(n, m)$ there are $V \in$ $\operatorname{Gr}(n, m)$, a positive number $c$ and a subsequence $\left(r_{k_{i}}\right)$ of $\left(r_{k}\right)$ such that $V=\lim _{i \rightarrow \infty} V_{k_{i}}$ and $\nu=c \lim _{i \rightarrow \infty} r_{k_{i}}^{-m} T_{a, r_{k_{i}} \neq} \mu$. Then (2.6) implies that $\operatorname{spt} \nu \subset V$ and (2.7) implies that $\nu(B(p, r))=\nu(B(q, r))$ for all $p, q \in V$ and $r>0$ (cf. the argument below). Such a uniformly distributed measure must be a constant multiple of $\mathcal{H}^{m}\lfloor V$, see [M2], Theorem 3.4, so $\operatorname{Tan}(\mu, a) \cap \mathcal{H}(n, m) \neq \emptyset$. Hence in order to complete the proof of the lemma it is sufficient to show that for every $k$ and for $\mu$ a.e. $a \in A_{k}, \operatorname{itTan}(\mu, a) \cap \mathcal{H}(n, m)=\emptyset$.

Let $a \in A_{k}$ be a density point of $A_{k}$;

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{\mu\left(B(a, r) \backslash A_{k}\right)}{r^{m}}=0 . \tag{2.8}
\end{equation*}
$$

It follows from (2.3) that (2.8) holds for $\mu$ a.e. $a \in A_{k}$, see [F], 2.10.19.
Let $\nu \in \operatorname{Tan}(\mu, a)$ and $V \in G r(n, m)$. Then by Lemma 2.9 there are a sequence $\left(r_{i}\right)$ of positive numbers and a positive number $c$ such that $r_{i} \rightarrow 0$ and $\nu=\lim _{i \rightarrow \infty} c r_{i}^{-m} T_{a, r_{i} \sharp} \mu$. We show that for all $x \in \operatorname{spt} \nu$ and $r>0$,

$$
\begin{equation*}
\nu(B(x, k r) \backslash X(x, V, 1 / k)) \geq k^{-1} \nu(U(x, r)) \tag{2.9}
\end{equation*}
$$

or

$$
\begin{align*}
& \text { there are } p, q \in x \cdot V \cap B(x, k r) \text { and } \rho \in[r / k, k r] \text { such that } \\
& \qquad \nu(U(p, \rho)) \leq(1-1 / k) \nu(B(q, \rho)) . \tag{2.10}
\end{align*}
$$

We first check that there exists a sequence $\left(a_{i}\right) \in A_{k}$ such that

$$
x_{i}:=\delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot a_{i}\right) \rightarrow x
$$

In order to see this let $R>0$. Then

$$
\begin{aligned}
0 & <c^{-1} \nu(U(x, R)) \leq \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu(U(x, R)) \\
& =\liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(U\left(a \cdot \delta_{r_{i}}(x), R r_{i}\right)\right) \\
& \leq \liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(U\left(a \cdot \delta_{r_{i}}(x), R r_{i}\right) \cap A_{k}\right)+\liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(U\left(a \cdot \delta_{r_{i}}(x), R r_{i}\right) \backslash A_{k}\right) \\
& =\liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(U\left(a \cdot \delta_{r_{i}}(x), R r_{i}\right) \cap A_{k}\right)
\end{aligned}
$$

The last equality follows by (2.8).
This implies that for all $R>0$ and $i$ large enough

$$
U\left(a \cdot \delta_{r_{i}}(x), R r_{i}\right) \cap A_{k} \neq \emptyset .
$$

Hence there exists a sequence $\left(a_{i}\right) \in A_{k}$ such that $d\left(a_{i}, a \cdot \delta_{r_{i}}(x)\right)<r_{i} R$. Then

$$
d\left(\delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot a_{i}\right), x\right)=r_{i}^{-1} d\left(a_{i}, a \cdot \delta_{r_{i}}(x)\right)<R
$$

and we deduce that $\delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot a_{i}\right) \rightarrow x$.
Let $r>0$. There are subsequences $\left(a_{i_{j}}\right)$ of $\left(a_{i}\right)$ and $\left(r_{i_{j}}\right)$ of $\left(r_{i}\right)$ such that with $a$ replaced by $a_{i_{j}}$ and $r$ replaced by $\operatorname{rr}_{i_{j}}(2.4)$ holds for all $j$ or (2.5) holds for all $j$. To
simplify notation we assume that $\left(a_{i_{j}}\right)=\left(a_{i}\right)$ and $\left(r_{i_{j}}\right)=\left(r_{i}\right)$. Suppose first that (2.4) holds for all $j$. Let $K$ be a compact set containing $B(x, k r) \backslash X(x, V, 1 / k)$ in its interior. Then for sufficiently large $i$,

$$
T_{a, r_{i}}\left(B\left(a_{i}, k r r_{i}\right) \backslash X\left(a_{i}, V, 1 / k\right)\right)=B\left(x_{i}, k r\right) \backslash X\left(x_{i}, V, 1 / k\right) \subset K,
$$

so

$$
\begin{aligned}
\nu(K) & \geq c \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu(K) \\
& \geq c \liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(B\left(a_{i}, k r r_{i}\right) \backslash X\left(a_{i}, V, 1 / k\right)\right) \\
& \geq c k^{-1} \liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(U\left(a_{i}, r r_{i}\right)\right) \\
& =c k^{-1} \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu\left(U\left(x_{i}, r\right)\right) \\
& \geq k^{-1} \nu(U(x, r)) .
\end{aligned}
$$

Since this holds for all such sets $K$, (2.9) follows.
Suppose then that (2.5) holds for all $j$. Let $p_{i}, q_{i} \in a_{i} \cdot V \cap B\left(a_{i}, k r r_{i}\right)$ and $\rho_{i} \in$ $\left[r r_{i} / k, k r r_{i}\right]$, be such that $\mu\left(U\left(p_{i}, \rho_{i}\right)\right) \leq(1-1 / k) \mu\left(B\left(q_{i}, \rho_{i}\right)\right)$. Since $T_{a, r_{i}}\left(p_{i}\right), T_{a, r_{i}}\left(q_{i}\right) \in$ $B(x, 2 k r)$ for sufficiently large $i$, we may assume by compactness that $T_{a, r_{i}}\left(p_{i}\right) \rightarrow p$ and $T_{a, r_{i}}\left(q_{i}\right) \rightarrow q$. Also $r / k \leq \rho_{i} / r_{i} \leq k r$, and we may assume that $\rho_{i} / r_{i} \rightarrow \rho, r / k \leq \rho \leq k r$. Let $0<\rho_{1}<\rho<\rho_{2}$. Then

$$
\begin{aligned}
\nu\left(U\left(p, \rho_{1}\right)\right) & \leq c \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu\left(U\left(p, \rho_{1}\right)\right) \\
& \leq c \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu\left(U\left(T_{a, r_{i}}\left(p_{i}\right), \rho_{i} / r_{i}\right)\right) \\
& =c \liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(U\left(p_{i}, \rho_{i}\right)\right) \\
& \leq c(1-1 / k) \liminf _{i \rightarrow \infty} r_{i}^{-m} \mu\left(B\left(q_{i}, \rho_{i}\right)\right) \\
& =c(1-1 / k) \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu\left(B\left(T_{a, r_{i}}\left(q_{i}\right), \rho_{i} / r_{i}\right)\right) \\
& \leq c(1-1 / k) \liminf _{i \rightarrow \infty} r_{i}^{-m} T_{a, r_{i} \sharp} \mu\left(B\left(q, \rho_{2}\right)\right) \\
& \leq(1-1 / k) \nu\left(B\left(q, \rho_{2}\right)\right) .
\end{aligned}
$$

Letting $\rho_{1} \rightarrow \rho$ and $\rho_{2} \rightarrow \rho$ and observing that $p, q \in x \cdot V \cap B(x, k r)$ we get (2.10).
The conditions (2.9) and (2.10) imply that $\nu \notin \mathcal{H}(n, m)$. If $p \in \operatorname{spt} \nu$ and $\sigma \in \operatorname{Tan}(\nu, p)$, the same proof as above shows that (2.9) and (2.10) hold for $\sigma$ at every $x \in \operatorname{spt} \sigma$ and so $\sigma \notin \mathcal{H}(n, m)$. Continuing this we see that itTan $(\mu, a) \cap \mathcal{H}(n, m)=\emptyset$.

Remark 2.12. It could be that for $\mu$ a.e. $a \in \mathbb{H}^{n}$ all iterated tangent measures at $a$ are tangent measures of $\mu$ at $a$. This is true for the 'second order' tangent measures ( $m=2$ in Definition 2.10) by the result Preiss in $\mathbb{R}^{n}$ (see [P] or [M2]) generalized to metric groups in [M4]. However, since we only need the weaker version given in Lemma 2.11, we haven't pursued this point further.

## 3. TAngent measures and $s$-RiesZ transforms

Theorem 3.1. Let $s \in(0,2 n+2)$ and let $\mu$ be a Radon measure in $\mathbb{H}^{n}$ satisfying for $\mu$ a.e. $p \in \mathbb{H}^{n}$,

$$
\begin{equation*}
0<\liminf _{r \rightarrow 0} \frac{\mu(B(p, r))}{r^{s}} \leq \limsup _{r \rightarrow 0} \frac{\mu(B(p, r))}{r^{s}}<\infty \tag{3.1}
\end{equation*}
$$

and

$$
\begin{equation*}
\sup _{0<\varepsilon<1}\left\|\left(\int_{B(p, 1) \backslash B(p, \varepsilon)} R_{s, i}\left(p^{-1} \cdot q\right) d \mu q\right)_{i=1}^{2 n+1}\right\|<\infty \tag{3.2}
\end{equation*}
$$

Then
(i) $s$ is an integer in $[1,2 n+1]$,
(ii) for $\mu$-a.e. $a \in \mathbb{H}^{n}$, the set of tangent measures of $\mu$ at $a, \operatorname{Tan}(\mu, a)$, contains measures in $\mathcal{H}(n, s)$.
Note that (3.2) is satisfied if $\mathcal{R}_{s}^{*}$ is bounded in $L^{2}(\mu)$.
Proof. The assumption (3.2) is equivalent with,

$$
\begin{equation*}
\sup _{0<\varepsilon<1}\left|\int_{B(p, 1) \backslash B(p, \varepsilon)} \frac{\left(p^{-1} \cdot q\right)_{i}}{\left\|p^{-1} \cdot q\right\|^{s+1}} d \mu q\right|<\infty \text { for } i=1, . ., 2 n \tag{3.3}
\end{equation*}
$$

and

$$
\begin{equation*}
\sup _{0<\varepsilon<1}\left|\int_{B(p, 1) \backslash B(p, \varepsilon)} \frac{\left(p^{-1} \cdot q\right)_{2 n+1}}{\left\|p^{-1} \cdot q\right\|^{s+2}} d \mu q\right|<\infty \tag{3.4}
\end{equation*}
$$

Lemma 3.2. Under the assumptions of Theorem 3.1, for $\mu$ a.e. $a \in \mathbb{H}^{n}$ every $\nu \in$ $\operatorname{Tan}(\mu, a)$ is an $s$ - AD regular measure and there is $M<\infty$ such that,

$$
\begin{equation*}
\sup _{0<r<R<\infty}\left\|\left(\int_{B(x, R) \backslash B(x, r)} R_{s, i}\left(x^{-1} \cdot q\right) d \nu q\right)_{i=1}^{2 n+1}\right\| \leq M \text { for all } x \in \operatorname{spt} \nu \tag{3.5}
\end{equation*}
$$

Proof. One can prove that when (3.1) is satisfied $\mu$ for a.e $p \in \mathbb{H}^{n}$, then for $\mu$ a.e. $a \in \mathbb{H}^{n}$ every $\nu \in \operatorname{Tan}(\mu, a)$ is $s$-AD regular in an analogous way as in [M2], p.190. Furthermore the proof of this statement has very similar reasoning with the proof of (3.5).

To prove (3.5), let $\varepsilon>0$ and set

$$
B=\left\{p \in \operatorname{spt} \mu: \sup _{0<\delta<1}\left\|\left(\int_{B(p, 1) \backslash B(p, \delta)} R_{s, i}\left(p^{-1} \cdot q\right) d \mu q\right)_{i=1}^{2 n+1}\right\|<M\right\}
$$

where $M$ is a positive constant that can be chosen such that $\mu\left(\mathbb{H}^{n} \backslash B\right)<\varepsilon$. Furthermore it is enough to consider the density points of $B$, i.e. the points $a \in B$ such that

$$
\lim _{r \rightarrow 0} \frac{\mu(B(a, r) \backslash B)}{r^{s}}=0
$$

For such a point $a \in B$ let $\nu \in \operatorname{Tan}(\mu, a)$. Then, by Lemma 2.9, there exist a positive number $c$ and a sequence of positive reals $\left(r_{i}\right)$ such that $r_{i} \rightarrow 0$ and

$$
\nu=\lim _{i \rightarrow \infty} c r_{i}^{-s} T_{a, r_{i}, \sharp} \mu
$$

Let $x \in \operatorname{spt} \nu$. As in the proof of Lemma 2.10 there exists a sequence $\left(a_{i}\right) \in B$ such that

$$
\begin{equation*}
x_{i}:=\delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot a_{i}\right) \rightarrow x \tag{3.6}
\end{equation*}
$$

Now let $0<r<R<\infty$ be such that $\nu(\partial B(x, r))=\nu(\partial B(x, R))=0$, which is true for all but countably many $0<r<R<\infty$. For $j=1, . ., 2 n$,

$$
\begin{aligned}
& \left|\int_{B(x, R) \backslash B(x, r)} \frac{\left(x^{-1} \cdot y\right)_{j}}{\left\|x^{-1} \cdot y\right\|^{s+1}} d \nu y\right| \\
& =\lim _{i \rightarrow \infty}\left|\int_{B\left(x_{i}, R\right) \backslash B\left(x_{i}, r\right)} \frac{\left(x_{i}^{-1} \cdot y\right)_{j}}{\left\|x_{i}^{-1} \cdot y\right\|^{s+1}} d \nu y\right| \\
& =\lim _{i \rightarrow \infty}\left|\frac{1}{r_{i}^{s}} \int_{B\left(a \cdot \delta_{r_{i}}\left(x_{i}\right), R r_{i}\right) \backslash B\left(a \cdot \delta_{r_{i}}\left(x_{i}\right), r r_{i}\right)} \frac{\left(x_{i}^{-1} \cdot \delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot y\right)\right)_{j}}{\|\left(x_{i}^{-1} \cdot \delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot y\right) \|^{s+1}\right.} d \mu y\right| \\
& =\lim _{i \rightarrow \infty}\left|\int_{B\left(a_{i}, R r_{i}\right) \backslash B\left(a_{i}, r r_{i}\right)} \frac{\left(a_{i}^{-1} \cdot y\right)_{j}}{\left\|a_{i}^{-1} \cdot y\right\|^{s+1}} d \mu y\right| \leq 2 M,
\end{aligned}
$$

where we used that $x_{i}^{-1} \cdot \delta_{\frac{1}{r_{i}}}\left(a^{-1} \cdot y\right)=\delta_{\frac{1}{r_{i}}}\left(a_{i}^{-1} \cdot y\right), a_{i}=a \cdot \delta_{r_{i}}\left(x_{i}\right)$ and $a_{i} \in B$. In the second equality we have actually a double limit, but it is easily checked that it can be expressed a single limit.

In a similar manner,

$$
\begin{aligned}
& \left|\int_{B(x, R) \backslash B(x, r)} \frac{\left(x^{-1} \cdot y\right)_{2 n+1}}{\left\|x^{-1} \cdot y\right\|^{s+2}} d \nu y\right| \\
& =\lim _{i \rightarrow \infty}\left|\int_{B\left(a_{i}, R r_{i}\right) \backslash B\left(a_{i}, r r_{i}\right)} \frac{\left(a_{i}^{-1} \cdot y\right)_{2 n+1}}{\left\|a_{i}^{-1} \cdot y\right\|^{s+2}} d \mu y\right| \leq 2 M^{2}
\end{aligned}
$$

By approximation, these estimates for $j=1, \ldots, 2 n+1$ hold for all $0<r<R<\infty$.
Proposition 3.3. Let $L \in G(2 n, d)$ and let $\nu$ be an $s$-AD-regular measure in $\mathbb{H}^{n}$ such that (3.5) holds.
(i) If $\operatorname{spt} \nu \subset V_{L}$ and $\operatorname{spt} \nu \neq V_{L}$,
then there exist $b \in \operatorname{spt} \nu$ and $\sigma \in \operatorname{Tan}(\nu, b)$ such that either $\operatorname{spt} \sigma \subset V_{M}$ for some $M \in G(2 n, d-1)$ with $M \subset L$ or $\operatorname{spt} \sigma \subset L$.
(ii) If $\operatorname{spt} \nu \subset L$ and $\operatorname{spt} \nu \neq L$,
then there exist $b \in \operatorname{spt} \nu$ and $\sigma \in \operatorname{Tan}(\nu, b)$ such that $\operatorname{spt} \sigma \subset V_{M}$ for some $M \in$ $G(2 n, d-1)$ with $M \subset L$.

Proof. Given $b \in \operatorname{spt} \nu$ and $\pi \in \operatorname{Tan}(\nu, b)$, consider the following two statements:
(iii) For some $M \in G(2 n, d-1)$ and every $\delta \in(0,1)$ there exists $\varepsilon>0$ such that $\operatorname{spt} \pi \cap B(\varepsilon) \cap\left\{p \in \mathbb{H}^{n}: d_{E}\left(p^{\prime}, M\right)>\delta\|p\|\right\}=\emptyset$,
(iv) For every $\delta \in(0,1)$ there exists $\varepsilon>0$ such that $\operatorname{spt} \pi \cap B(\varepsilon) \cap\left\{p \in \mathbb{H}^{n}\right.$ : $\left.\sqrt{\left|p_{2 n+1}\right|}>\delta\|p\|\right\}=\emptyset$.
We shall verify that in order to prove the proposition, it is enough to prove that there exist $b \in \operatorname{spt} \nu$ and $\pi \in \operatorname{Tan}(\nu, b)$ such that (iii) or (iv) holds in the case (i) and (iii) holds
in the case (ii). In order to see that this, suppose that $b \in \operatorname{spt} \nu$ and $\pi \in \operatorname{Tan}(\nu, b)$. Then, recalling Lemma 2.9, $0 \in \operatorname{spt} \pi$. Let $\sigma \in \operatorname{Tan}(\pi, 0)$ be such that $\sigma=\lim _{i \rightarrow \infty} \frac{1}{r_{i}^{s}} T_{0, r_{i}, \sharp} \pi$ for some sequence of positive reals $\left(r_{i}\right)$ such that $r_{i} \rightarrow 0$. Consider first the case (i) and suppose that (iii) holds. Then for all $R>0, \delta \in(0,1)$ and $G_{R, \delta}=\{p \in U(R)$ : $\left.d_{E}\left(p^{\prime}, M\right)>\delta\|p\|\right\}$,

$$
\begin{aligned}
\sigma\left(G_{R, \delta}\right) & \leq \liminf _{i \rightarrow \infty} \frac{1}{r_{i}^{s}} \pi\left(T_{0, r_{i}}^{-1}\left(G_{R, \delta}\right)\right) \\
& \leq \liminf _{i \rightarrow \infty} \frac{1}{r_{i}^{s}} \pi\left(\left\{p \in \mathbb{H}^{n}: \delta_{\frac{1}{r_{i}}}(p) \in B(R) \text { and } d_{E}\left(\frac{p^{\prime}}{r_{i}}, M\right)>\delta\left\|\delta_{\frac{1}{r_{i}}}(p)\right\|\right\}\right) \\
& =\liminf _{i \rightarrow \infty} \frac{1}{r_{i}^{s}} \pi\left(B\left(r_{i} R\right) \cap\left\{p \in \mathbb{H}^{n}: d_{E}\left(p^{\prime}, M\right)>\delta\|p\|\right\}\right) \\
& =0,
\end{aligned}
$$

where the last equality follows by (iii). Since $\sigma\left(G_{R, \delta}\right)=0$ for all $R>0$ and $\delta \in(0,1)$ we deduce that spt $\sigma \subset V_{M}$. In the same way (iv) implies that $\operatorname{spt} \sigma \subset H$. Clearly $\operatorname{spt} \sigma \subset V_{L}$, and so $\operatorname{spt} \sigma \subset H \cap L$.

As $\sigma$ is a tangent measure of $\pi \in \operatorname{Tan}(\nu, b)$ at 0 , it is easy to check that $\sigma \in \operatorname{Tan}(\nu, b)$, whence we have verified in the case (i) the sufficiency of the conditions (iii) and (iv). In the same way (iii) suffices in the case (ii).

Suppose that $\operatorname{spt} \nu \subset V_{L}$ and $\operatorname{spt} \nu \neq V_{L}$, and by way of contradiction assume that for all $b \in \operatorname{spt} \nu$, all $\pi \in \operatorname{Tan}(\nu, b)$ and every $M \in G(2 n, d-1)$ there exist $\delta_{\pi, M}, \delta_{\pi_{H}} \in(0,1)$ such that for all $\varepsilon>0$

$$
\begin{equation*}
B(\varepsilon) \cap \operatorname{spt} \pi \cap\left\{p \in \mathbb{H}^{n}: d_{E}\left(p^{\prime}, M\right)>\delta_{\pi, M}\|p\|\right\} \neq \emptyset \tag{3.7}
\end{equation*}
$$

and

$$
\begin{equation*}
B(\varepsilon) \cap \operatorname{spt} \pi \cap\left\{p \in \mathbb{H}^{n}: \sqrt{\left|p_{2 n+1}\right|}>\delta_{\pi_{H}}\|p\|\right\} \neq \emptyset \tag{3.8}
\end{equation*}
$$

We proceed with a geometric lemma, but first we introduce some notation. We denote by $(\cdot, \cdot)$ the usual inner product in $\mathbb{R}^{2 n}$. For $c \in \mathbb{H}^{n}$, define

$$
\begin{aligned}
& a_{j}(c)=\left|c^{\prime}\right|^{2} c_{j}+c_{2 n+1} c_{n+j} \text { for } j=1, \ldots, n, \\
& a_{j}(c)=\left|c^{\prime}\right|^{2} c_{j}-c_{2 n+1} c_{j-n} \text { for } j=n+1, \ldots, 2 n, \\
& a(c)=\left(a_{1}(c), \ldots, a_{2 n}(c)\right), \\
& L(c)=\left\{y \in \mathbb{R}^{2 n}:(a(c), y)=0\right\}, \\
& V_{L}^{+}(c)=\left\{y \in \mathbb{H}^{n}:(a(c), y) \geq 0\right\}, \\
& V_{L}^{-}(c)=\left\{y \in \mathbb{H}^{n}:(a(c), y) \leq 0\right\}, \\
& H^{+}(c)=\left\{y \in \mathbb{H}^{n}: y_{2 n+1} c_{2 n+1} \geq 0\right\}, \\
& H^{-}(c)=\left\{y \in \mathbb{H}^{n}: y_{2 n+1} c_{2 n+1} \leq 0\right\} .
\end{aligned}
$$

Lemma 3.4. Let $L \in G(2 n, d)$ and $c \in V_{L} \backslash \mathbb{T}$. Then $\operatorname{dim} L \cap L(c)<d$.
Proof. From the definition of $a(c)$ we see that $\left(a(c), c^{\prime}\right)=\left|c^{\prime}\right|^{4}>0$. Hence $c^{\prime} \in L \backslash L(c)$, which implies the lemma.

Lemma 3.5. Let $L \in G(2 n, d), b, c \in V_{L}, r>0$ and let the sequences $\left(p_{i}\right) \in V_{L},\left(r_{i}\right) \in \mathbb{R}^{+}$ be such that
(i) $b \in \partial B(c, r)$,
(ii) $d\left(p_{i}, c\right) \geq r$ for all $i \in \mathbb{N}$,
(iii) $\lim _{i \rightarrow \infty} p_{i}=b$,
(iv) $\lim _{i \rightarrow \infty} r_{i}=0$,
(v) $\lim _{i \rightarrow \infty} \delta_{\frac{1}{r_{i}}}\left(b^{-1} \cdot p_{i}\right)=p_{*}$.

If $b^{-1} \cdot c \notin \mathbb{T}$ then $p_{*} \in V_{L} \cap V_{L\left(b^{-1 . c)}\right.}^{-}$. If $b^{-1} \cdot c \in \mathbb{T}$, then $p_{*} \in H^{-}\left(b^{-1} \cdot c\right)$.
Proof. Replacing $c$ by $b^{-1} \cdot c$ and $p_{i}$ by $b^{-1} \cdot p_{i}$, we may assume that $b=0$. First assume that $c \notin \mathbb{T}$. Then as $d\left(p_{i}, c\right) \geq r$ and $d(0, c)=r$

$$
\begin{equation*}
\left|p_{i}^{\prime}-c^{\prime}\right|^{4}+\left|p_{i, 2 n+1}-c_{2 n+1}-A\left(p_{i}, c\right)\right|^{2} \geq r^{4} \tag{3.9}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|c^{\prime}\right|^{4}+\left|c_{2 n+1}\right|^{2}=r^{4} \tag{3.10}
\end{equation*}
$$

Here (3.9) can be written as,

$$
\begin{aligned}
\left|p_{i}^{\prime}\right|^{4} & +\left|c^{\prime}\right|^{4}+2\left|p_{i}^{\prime}\right|^{2}\left|c^{\prime}\right|^{2}-4\left(p_{i}^{\prime}, c^{\prime}\right)\left|p_{i}^{\prime}\right|^{2}-4\left(p_{i}^{\prime}, c^{\prime}\right)\left|c^{\prime}\right|^{2}+4\left(p_{i}^{\prime}, c^{\prime}\right)^{2} \\
& +\left|p_{i, 2 n+1}\right|^{2}+\left|c_{2 n+1}\right|^{2}-2 p_{i, 2 n+1} c_{2 n+1}-2 p_{i, 2 n+1} A\left(p_{i}, c\right) \\
& +2 c_{2 n+1} A\left(p_{i}, c\right)+A\left(p_{i}, c\right)^{2} \geq r^{4} .
\end{aligned}
$$

After using (3.10), dividing by $r_{i}$ and letting $i \rightarrow \infty$ we obtain,

$$
\begin{equation*}
-2\left(a(c), p^{*}\right)=-2\left|c^{\prime}\right|^{2}\left(p_{*}^{\prime}, c^{\prime}\right)+c_{2 n+1} A\left(p_{*}^{\prime}, c^{\prime}\right) \geq 0 \tag{3.11}
\end{equation*}
$$

Therefore $p_{*} \in V_{L(c)}^{-}$. So the lemma is proven in the case $c \notin \mathbb{T}$.
Now let $c \in \mathbb{T}$. As in the previous case, combining that $c^{\prime}=0, d\left(p_{i}, c\right) \geq r$ and $d(0, c)=r$, we get

$$
\left|p_{i}^{\prime}\right|^{4}+p_{i, 2 n+1}^{2}-2 p_{i, 2 n+1} c_{2 n+1} \geq 0
$$

After dividing by $r_{i}^{2}$ and letting $i \rightarrow \infty$ we conclude that

$$
c_{2 n+1} p_{*, 2 n+1} \leq 0
$$

As $c_{2 n+1} \neq 0, p_{*} \in H^{-}(c)$.
As $\operatorname{spt} \nu \subset V_{L}$ and $\operatorname{spt} \nu \neq V_{L}$ there exist $b, c \in \mathbb{H}^{n}$ and $r>0$ such that

$$
\begin{aligned}
& b \in B(c, r) \cap \operatorname{spt} \nu \\
& U(c, r) \cap \operatorname{spt} \nu=\emptyset
\end{aligned}
$$

If we have (ii) of Proposition 3.3, that is, $\operatorname{spt} \nu \subset L$ and $\operatorname{spt} \nu \neq L$, we can take $c \in L$, and so $b^{-1} \cdot c \notin \mathbb{T}$.

We first consider the case when $b^{-1} \cdot c \notin \mathbb{T}$. We shall prove that if $\lambda \in \operatorname{Tan}(\nu, b)$, then

$$
\begin{equation*}
\operatorname{spt} \lambda \subset V_{L\left(b^{-1 \cdot c)}\right.}^{-} \cap V_{L} \text { and } \operatorname{dim} L\left(b^{-1} \cdot c\right) \cap L<d \tag{3.12}
\end{equation*}
$$

As $\lambda \in \operatorname{Tan}(\nu, b)$, by Lemma 2.9, there exist positive numbers $C$ and $r_{i}, r_{i} \rightarrow 0$, such that $\lambda=\lim _{i \rightarrow \infty} C \frac{1}{r_{i}^{s}} T_{b, r_{i} \sharp} \nu$. Then for all $R>0, \delta \in(0,1)$ and

$$
G_{R, \delta}=U(R) \backslash V_{L\left(b^{-1} \cdot c\right)}^{-} \cap\left\{p \in \mathbb{H}^{n}: d_{E}\left(p^{\prime}, L\left(b^{-1} \cdot c\right)\right)>\delta\|p\|\right\}
$$

we get

$$
\begin{aligned}
& C^{-1} \lambda\left(G_{R, \delta}\right) \\
& \leq \liminf _{i \rightarrow \infty} \frac{1}{r_{i}^{s}} \nu\left(T_{b, r_{i}}^{-1}\left(G_{R, \delta}\right)\right) \\
& =\liminf _{i \rightarrow \infty} \frac{1}{r_{i}^{s}} \nu\left(U\left(b, r_{i} R\right) \cap\left\{p \in \mathbb{H}^{n}: b^{-1} \cdot p \notin V_{L\left(b^{-1} \cdot c\right)}^{-}, d_{E}\left(\left(b^{-1} \cdot p\right)^{\prime}, L\left(b^{-1} \cdot c\right)\right)>\delta d(b, p)\right\}\right) .
\end{aligned}
$$

Therefore, in order to prove the inclusion in (3.12), it is enough to show that there exists some $\varepsilon>0$ such that,

$$
\operatorname{spt} \nu \cap B(b, \varepsilon) \cap\left\{p \in \mathbb{H}^{n}: b^{-1} p \in V_{L\left(b^{-1} \cdot c\right)}^{+}, d_{E}\left(\left(b^{-1} \cdot p\right)^{\prime}, L\left(b^{-1} \cdot c\right)\right)>\delta d(b, p)\right\}=\emptyset .
$$

By way of contradiction suppose that there exists a sequence $\left(p_{i}\right) \in \mathbb{H}^{n}, p_{i} \rightarrow b$, satisfying for all $i \in \mathbb{N}$,
(i) $p_{i} \in \operatorname{spt} \nu \subset \mathbb{H}^{n} \backslash U(c, r)$,
(ii) $b^{-1} \cdot p_{i} \in V_{L\left(b^{-1 . c}\right)}^{+}$,
(iii) $d_{E}\left(\left(b^{-1} \cdot p_{i}\right)^{\prime}, L\left(b^{-1} \cdot c\right)\right)>\delta d\left(b, p_{i}\right)$.

The new sequence $\delta_{\frac{1}{d\left(b, p_{i}\right)}}\left(b^{-1} \cdot p_{i}\right) \in B(1)$ has a converging subsequence and for simplifying notation we write,

$$
\delta_{\frac{1}{d\left(b, p_{i}\right)}}\left(b^{-1} \cdot p_{i}\right) \rightarrow p_{*} .
$$

Notice that by (ii) and (iii) $p_{*} \notin V_{L\left(b^{-1 . c)}\right.}^{-}$. But by Lemma 3.5, $p_{*} \in V_{L\left(b^{-1 . c)}\right.}^{-}$and we have reached a contradiction. Recalling Lemma 3.4, (3.12) follows.

Combining (3.7) and (3.12) we obtain that there exists $\delta=\delta_{\lambda, L\left(b^{-1 . c)}\right.} \in(0,1)$ such that for all $r>0$

$$
\text { spt } \lambda \cap B(r) \cap V_{L\left(b^{-1 . c)}\right.}^{-} \cap\left\{p \in \mathbb{H}^{n}: d_{E}\left(p^{\prime}, L\left(b^{-1} \cdot c\right)\right)>\delta\|p\|\right\} \neq \emptyset .
$$

Without loss of generality we can assume that $V_{L\left(b^{-1 . c)}\right.}^{-}=\left\{p \in \mathbb{H}^{n}: p_{2 n}>0\right\}$. Hence there exists a sequence $\left(x_{i}\right), x_{i} \rightarrow 0$, such that for all $i \in \mathbb{N}$,

$$
x_{i} \in \operatorname{spt} \lambda \cap\left\{p \in \mathbb{H}^{n}: p_{2 n}>\delta\|p\|\right\} .
$$

Furthermore this sequence can be chosen to satisfy,

$$
\left\|x_{1}\right\|>\left\|x_{2}\right\|>\ldots
$$

and the balls $B_{i}=B\left(x_{i}, \frac{\delta\left\|x_{i}\right\|}{2}\right)$ can be assumed to be disjoint and contained in $B(0,1)$. Then for all $k \in \mathbb{N}$, by the AD-regularity of $\lambda$,

$$
\begin{aligned}
\int_{B(0,1) \backslash B\left(0, \frac{\left\|x_{k}\right\|}{2}\right)} \frac{y_{2 n}}{\|y\|^{s+1}} d \lambda y & \geq \sum_{i=1}^{k} \int_{B_{i}} \frac{y_{2 n}}{\|y\|^{s+1}} d \lambda y \\
& \geq \sum_{i=1}^{k} \frac{\frac{\delta\left\|x_{i}\right\|}{2}}{\frac{3^{s+1}\left\|x_{i}\right\|^{s+1}}{2^{s+1}}} \lambda\left(B_{i}\right) \\
& \geq C \sum_{i=1}^{k} \frac{\left\|x_{i}\right\|\left\|x_{i}\right\|^{s}}{\left\|x_{i}\right\|^{s+1}} \\
& =C k,
\end{aligned}
$$

where $C$ is independent of $k$. Hence

$$
\lim _{k \rightarrow \infty} \int_{B(0,1) \backslash B\left(0, \frac{\left\|x_{k}\right\|}{2}\right)} \frac{y_{2 n}}{\|y\|^{s+1}} d \lambda y=\infty
$$

This is a contradiction by Lemma 3.2 as $0 \in \operatorname{spt} \lambda$.
We are now left to consider the case when $b^{-1} \cdot c \in \mathbb{T}$. In an identical way as in the proof of (3.12) we can show that if $\lambda \in \operatorname{Tan}(\nu, b)$,

$$
\begin{equation*}
\operatorname{spt} \lambda \subset H^{-}\left(b^{-1} \cdot c\right) \tag{3.13}
\end{equation*}
$$

Combining (3.8) and (3.13) we deduce that there exists some $\delta=\delta_{\lambda}$ such that for all $r>0$,

$$
\begin{equation*}
\operatorname{spt} \lambda \cap B(r) \cap\left\{p \in \mathbb{H}^{n}: p_{2 n+1}>0, \sqrt{p_{2 n+1}}>\delta\|p\|\right\} \neq \emptyset \tag{3.14}
\end{equation*}
$$

assuming that $H^{-}\left(b^{-1} \cdot c\right)=\left\{p \in \mathbb{H}^{n}: p_{2 n+1}>0\right\}$. Finally in order to complete the estimates, which are otherwise identical with the ones in the case where $b^{-1} \cdot c \notin \mathbb{T}$, we need the following simple lemma.

Lemma 3.6. Let $x \in \mathbb{H}^{n}$ and $\delta \in(0,1)$ such that $x_{2 n+1}>0$ and $\sqrt{x_{2 n+1}}>\delta\|x\|$. Then for all $y \in B\left(x, \frac{\delta^{2}\|x\|}{100 n}\right)$,

$$
y_{2 n+1} \geq \frac{\delta^{2}\|x\|}{2}
$$

Proof. As,

$$
\left|y_{2 n+1}-x_{2 n+1}\right| \leq\left\|y \cdot x^{-1}\right\|^{2}+2\left|\sum_{i=1}^{n}\left(y_{i} x_{i+n}-y_{i+n} x_{i}\right)\right| \mid,
$$

for $y \in B\left(x, \frac{\delta^{2}\|x\|}{100 n}\right)$ we get,

$$
\begin{aligned}
\left|y_{2 n+1}-x_{2 n+1}\right| & \leq\left\|y \cdot x^{-1}\right\|^{2}+2\left|\sum_{i=1}^{n}\left(y_{i} x_{i+n}-x_{i} x_{i+n}+x_{i} x_{i+n}-y_{i+n} x_{i}\right)\right| \mid \\
& \leq\left\|y \cdot x^{-1}\right\|^{2}+2 \sum_{i=1}^{n}\left|y_{i}-x_{i}\right|\left|x_{i+n}\right|+\left|x_{i+n}-y_{i+n} \| x_{i}\right| \\
& \leq\left\|y \cdot x^{-1}\right\|^{2}+2 \sum_{i=1}^{n} 2\|x\| \frac{\delta^{2}\|x\|}{100 n} \\
& \leq \frac{\delta^{4}\|x\|^{2}}{(100 n)^{2}}+\frac{\delta^{2}\|x\|^{2}}{25} \\
& \leq \frac{\delta^{2}\|x\|^{2}}{10}
\end{aligned}
$$

Therefore,

$$
y_{2 n+1} \geq x_{2 n+1}-\frac{\delta^{2}\|x\|^{2}}{10}>\frac{\delta^{2}\|x\|^{2}}{2}
$$

By (3.14), there exists some sequence $\left(x_{i}\right), x_{i} \in \operatorname{spt} \lambda$ such that $\sqrt{x_{i, 2 n+1}}>\delta\left\|x_{i}\right\|$ for all $i \in \mathbb{N}$ and $x_{i} \rightarrow 0$. As before we can assume that

$$
\left\|x_{1}\right\|>\left\|x_{2}\right\|>\ldots
$$

and the balls $B_{i}=B\left(x_{i}, \frac{\delta^{2}\left\|x_{i}\right\|}{100 n}\right)$ are disjoint and contained in $B(0,1)$. Then for all $k \in \mathbb{N}$,

$$
\begin{aligned}
\int_{B(0,1) \backslash B\left(0, \frac{\left\|x_{k}\right\|}{2}\right)} \frac{y_{2 n+1}}{\|y\|^{s+2}} d \lambda y & \geq \sum_{i=1}^{k} \int_{B_{i}} \frac{y_{2 n+1}}{\|y\|^{s+2}} d \lambda y \\
& \geq \sum_{i=1}^{k} \frac{\delta^{2}\left\|x_{i}\right\|^{2}}{2 \cdot 2^{s+2}\left\|x_{i}\right\|^{s+2}} \lambda\left(B_{i}\right) \\
& \geq C \sum_{i=1}^{k} \frac{\left\|x_{i}\right\|^{2}\left\|x_{i}\right\|^{s}}{\left\|x_{i}\right\|^{s+2}} \\
& =C k
\end{aligned}
$$

where we used Lemma 3.6 in the third inequality and $C>0$ is independent of $k$. As in the previous case we have reached a contradiction by (3.2). The proof of Proposition 3.3 is now complete.

We now continue with the proof of Theorem 3.1. We first apply for $\mu$ a.e. $a \in \mathbb{H}^{n}$ Lemma 3.2 to get an $s$-AD-regular $\nu \in \operatorname{Tan}(\mu, a)$ with the property (3.5). Then we apply to $\nu$, to its tangent measures, and so on, Proposition 3.3 sufficiently many times to find for $\mu$ a.e. $a \in \mathbb{H}^{n}$ an integer $d \in[1,2 n], L \in G(2 n, d)$ and $\pi \in \operatorname{itTan}(\mu, a)$ such that denoting $V=\operatorname{spt} \pi, V=V_{L}$ or $V=L$. If $V=L$ and $L$ is not a subgroup, we take a tangent measure $\rho \in \operatorname{Tan}(\pi, p)$ at a point $p \in L$ as in Lemma 2.4. Then by Lemma
2.4 its support is $V_{M}$ for some $M \in G(2 n, d-1)$. Thus in any case we find for $\mu$ a.e. $a \in \mathbb{H}^{n}$ an integer $d^{\prime} \in[1,2 n], L \in G\left(2 n, d^{\prime}\right)$ and $\rho \in \operatorname{itTan}(\mu, a)$ such that denoting $V=\operatorname{spt} \rho, V=V_{L}$ or $V=L$ and $L$ is a homogeneous subgroup. As $\rho$ is AD-regular, $s$ must be the Hausdorff dimension of $V$, that is, $s=d$ or $s=d+1$ and so $s$ is an integer. Furthermore, by the AD-regularity, $\rho$ is absolutely continuous with respect to $\mathcal{H}^{s}\lfloor V$ with bounded density $h$. Taking a tangent measure at a point of approximate continuity of $h$ we obtain $\sigma \in \operatorname{Tan}(\rho, b) \subset$ it $\operatorname{Tan}(\mu, a)$ such that $\sigma=\mathcal{H}^{s}\lfloor V \in \mathcal{H}(n, s)$. Applying still Lemma 2.11 we find that $\mu$ has almost everywhere tangent measures in $\mathcal{H}(n, s)$. This completes the proof of Theorem 3.1.

## 4. Riesz transforms and self-Similar sets in $\mathbb{H}^{n}$

In this section we consider certain families of self-similar sets in $\mathbb{H}^{n}$ and we discuss their relations with the Riesz transforms that we introduced earlier.

Definition 4.1. Let $Q=[0,1]^{2 n} \subset \mathbb{R}^{2 n}$ and $r \in\left(0, \frac{1}{2}\right)$. Let $z_{j} \in \mathbb{R}^{2 n}, j=1, \ldots, 2^{2 n}$, be distinct points such that $z_{j, i} \in\{0,1-r\}$ for all $j=1, . ., 2^{2 n}$ and $i=1, . ., 2 n$. We consider the following $2^{2 n+2}$ similitudes depending on the parameter $r$,

$$
\begin{aligned}
& S_{j}=\tau_{\left(z_{j}, 0\right)} \delta_{r}, \text { for } j=1, \ldots, 2^{2 n} \\
& S_{j}=\tau_{\left(z_{\left[j j_{2} 2 n\right.}, \frac{1}{4}\right)} \delta_{r}, \text { for } j=2^{2 n}+1, \ldots, 2 \cdot 2^{2 n}, \\
& S_{j}=\tau_{\left(z_{\left.[j]_{2 \cdot 2^{2 n}}, \frac{1}{2}\right)} \delta_{r}, \text { for } j=2 \cdot 2^{2 n}+1, \ldots, 3 \cdot 2^{2 n},\right.}^{S_{j}=\tau_{\left(z_{\left[j j_{3 \cdot 2} 2^{2 n}\right.}, \frac{3}{4}\right)} \delta_{r}, \text { for } j=3 \cdot 2^{2 n}+1, \ldots, 2^{2 n+2},}
\end{aligned}
$$

where $\lfloor j\rfloor_{m}:=j \bmod m$.
Theorem 4.2. Let $r \in\left(0, \frac{1}{2}\right)$ and $\mathcal{S}_{r}=\left\{S_{1}, \ldots, S_{2^{2 n+2}}\right\}$ where the $S_{j}^{\prime} s$ are the similitudes of Definition 4.1. Let $K_{r}$ be the self-similar set defined by,

$$
K_{r}=\bigcup_{j=1}^{2^{2 n+2}} S_{j}\left(K_{r}\right)
$$

Then the the sets $S_{j}\left(K_{r}\right)$ are disjoint for $j=1, . ., 2^{2 n+2}$,

$$
K_{r}=\bigcap_{k=1}^{\infty} \bigcup_{j_{1}, \ldots, j_{k}=1}^{2^{2 n+2}} S_{j_{1}}\left(K_{r}\right) \circ . . \circ S_{j_{k}}\left(K_{r}\right)
$$

and

$$
0<\mathcal{H}^{a}\left(K_{r}\right)<\infty \text { with } a=\frac{(2 n+2) \log (2)}{\log \left(\frac{1}{r}\right)}
$$

Proof. It is enough to find some set $R \supset K$ such that for all $j=1, . ., 2^{2 n+2}$,
(i) $S_{j}(R) \subset R$ and
(ii) the sets $S_{j}(R)$ are disjoint,
see $[\mathrm{S}]$ and $[\mathrm{BR}]$. Using an idea of Strichartz from $[\mathrm{St}]$ we show that there exists a continuous function $\varphi: Q \rightarrow \mathbb{R}$ such that the set

$$
R=\left\{q \in \mathbb{H}^{n}: q^{\prime} \in Q \text { and } \varphi\left(q^{\prime}\right) \leq q_{2 n+1} \leq \varphi\left(q^{\prime}\right)+1\right\}
$$

satisfies (i) and (ii).
This will follow immediately if we find some continuous $\varphi: Q \rightarrow \mathbb{R}$ which satisfies for all $j=1, . ., 2^{2 n}$,

$$
\begin{equation*}
\tau_{\left(z_{j}, 0\right)} \delta_{r}(R)=\left\{q \in \mathbb{H}^{n}: q^{\prime} \in Q_{j} \text { and } \varphi\left(q^{\prime}\right) \leq q_{2 n+1} \leq \varphi\left(q^{\prime}\right)+r^{2}\right\} \tag{4.1}
\end{equation*}
$$

where $Q_{j}=\tau_{\left(z_{j}, 0\right)}\left(\delta_{r}(Q)\right)$. Since

$$
\begin{aligned}
\tau_{\left(z_{j}, 0\right)} \delta_{r}(R)=\left\{p \in \mathbb{H}^{n}: p^{\prime} \in Q_{j} \text { and } r^{2}\right. & \varphi\left(\frac{p^{\prime}-z_{j}}{r}\right)-2 \sum_{i=1}^{n}\left(z_{j, i} p_{i+n}-z_{j, i+n} p_{i}\right) \leq p_{2 n+1} \\
\leq & \left.r^{2} \varphi\left(\frac{p^{\prime}-z_{j}}{r}\right)-2 \sum_{i=1}^{n}\left(z_{j, i} p_{i+n}-z_{j, i+n} p_{i}\right)+r^{2}\right\} .
\end{aligned}
$$

proving (4.1) amounts to showing that

$$
\begin{equation*}
\varphi(w)=r^{2} \varphi\left(\frac{w-z_{j}}{r}\right)-2 \sum_{i=1}^{n}\left(z_{j, i} w_{i+n}-z_{j, i+n} w_{i}\right) \text { for } w \in Q_{j}, j=1, . ., 2^{2 n} \tag{4.2}
\end{equation*}
$$

As usual for any metric space $X$, denote $C(X)=\{f: X \rightarrow \mathbb{R}$ and $f$ is continuous $\}$. Let $B=\cup_{j=1}^{2 n} Q_{j}$ and $L: C(B) \rightarrow C(Q)$ be a linear extension operator such that

$$
L(f)(x)=f(x) \text { for } x \in B
$$

and

$$
\|L(f)\|_{\infty}=\|f\|_{\infty} .
$$

Since the $Q_{j}$ 's are disjoint the operator $L$ can be defined simply by taking $\varepsilon>0$ small enough and letting

$$
L(f)(x)= \begin{cases}f(x) & \text { when } x \in B \\ \frac{\varepsilon-\operatorname{dist}(x, B)}{\varepsilon} f(\tilde{x}) & \text { when } 0<\operatorname{dist}(x, B)<\varepsilon \\ 0 & \text { when } \operatorname{dist}(x, B) \geq \varepsilon\end{cases}
$$

where $\tilde{x} \in B$ and $\operatorname{dist}(x, B)=d(x, \tilde{x})$.
Furthermore define the functions $h: B \rightarrow \mathbb{R}, \tilde{f}: B \rightarrow \mathbb{R}$,

$$
\begin{gathered}
h(w)=-2 \sum_{i=1}^{n}\left(z_{j, i} w_{i+n}-z_{j, i+n} w_{i}\right) \text { for } w \in Q_{j} \\
\tilde{f}(w)=r^{2} f\left(\frac{w-z_{j}}{r}\right) \text { for } f \in C(Q), w \in Q_{j}
\end{gathered}
$$

and the operator $T: C(B) \rightarrow C(Q)$ as,

$$
T(f)=L(\tilde{f}+h)
$$

Then

$$
T(f)(w)=r^{2} f\left(\frac{w-z_{j}}{r}\right)-2 \sum_{i=1}^{n}\left(z_{j, i} w_{i+n}-z_{j, i+n} w_{i}\right) \text { for } w \in Q_{j},
$$

and for $f, g \in C(B)$

$$
\|T f-T g\|_{\infty}=\|L(\tilde{f}-\tilde{g})\|_{\infty}=\|\tilde{f}-\tilde{g}\|_{\infty} \leq r^{2}\|f-g\|_{\infty}
$$

Hence $T$ is a contraction and it has a unique fixed point $\varphi$ which satisfies (4.2).
Let $\mathcal{S}=\left\{S_{1}, . ., S_{N}\right\}$ be an iterated function system (IFS) of similitudes of the form

$$
\begin{equation*}
S_{i}=\tau_{q_{i}} \circ \delta_{r_{i}} \tag{4.3}
\end{equation*}
$$

for $q_{i} \in \mathbb{H}^{n}, i=1, \ldots, N$ and $0<r_{1} \leq \ldots \leq r_{N}<1$. The IFS $\mathcal{S}$ is said to satisfy the open set condition if there exists a bounded non-empty open set $O \subset \mathbb{H}^{n}$ such that $\cup_{i=1}^{N} S_{i}(O) \subset O$ and $S_{i}(O) \cap S_{j}(O)=\emptyset$ for $i \neq j$. It follows by $[\mathrm{BR}]$ that if $K \subset \mathbb{H}^{n}$ is the invariant set with respect to $\mathcal{S}$, and $\mathcal{S}$ satisfies the open set condition then,

$$
0<\mathcal{H}^{a}(K)<\infty
$$

where $a$ is given by

$$
\sum_{i=1}^{N} r_{i}^{a}=1
$$

Recalling Definitions 2.2 and 2.3 our next result reads as follows.
Theorem 4.3. Let $\mathcal{S}$ be an IFS of contractive similarities as in (4.3) that satisfies the open set condition, and

$$
0<\mathcal{H}^{m}(K)<\infty \text { where } m \in \mathbb{N} \cap[1,2 n+1]
$$

If $K$ is not contained in any $F \in \operatorname{tr} \mathcal{V}_{m-1} \cup \operatorname{tr} \mathcal{W}_{m}$ then for all $k \in K$, every $\nu \in$ $\operatorname{Tan}\left(\mathcal{H}^{m}\lfloor K, k)\right.$ and every $G \in \mathcal{V}_{m-1} \cup \mathcal{W}_{m}$ satisfy

$$
\operatorname{spt} \nu \backslash G \neq \emptyset
$$

Therefore $\operatorname{Tan}\left(\mathcal{H}^{m}\lfloor K, k) \cap \mathcal{H}(n, m)=\emptyset\right.$.
Proof. The proof follows the reasoning developed in [M1], where a rigidity result for Euclidean self-similar sets is proven. Assume without loss of generality that $\operatorname{diam}(K)=1$, let $k \in K$ and $G \in \mathcal{V}_{m-1} \cup \mathcal{W}_{m}$. As $K$ is not contained in any $F \in \operatorname{tr} \mathcal{V}_{m-1} \cup \operatorname{tr} \mathcal{W}_{m}$ there exist $E \subset K$,

$$
E=\left\{a_{1}, . ., a_{m+2}\right\}
$$

and $0<\rho<1$ such that for all $F \in \operatorname{tr} \mathcal{V}_{m-1} \cup \operatorname{tr} \mathcal{W}_{m}$ there exist $a_{i}=a_{i}(F), i=1, . ., m+2$, such that,

$$
\begin{equation*}
\operatorname{dist}\left(a_{i}, F\right)>\rho . \tag{4.4}
\end{equation*}
$$

Furthermore there exist $0<r_{0}<\frac{\rho}{2}$ and $\eta>0$, such that

$$
\begin{equation*}
\mathcal{H}^{d}\left(K \cap B\left(a_{i}, r_{0}\right)\right) \geq \eta \text { for } i=1, \ldots, m+2 \tag{4.5}
\end{equation*}
$$

Recall that the contraction ratios satisfy,

$$
0<r_{1} \leq \ldots \leq r_{N}<1
$$

and let $0<r<r_{1}$. For any word $\alpha=\left(a_{1}, \ldots, a_{m}\right), a_{i} \in\{1, \ldots, N\}, m \in \mathbb{N}$, denote $r_{\alpha}=r_{a_{1}} \ldots r_{a_{m}}$ and $A_{\alpha}=S_{\alpha}(A)$ for any set $A \subset \mathbb{H}^{n}$. Let $\alpha$ be a minimal word such that

$$
k \in K_{\alpha} \subset B\left(k, \frac{r}{2}\right) .
$$

Then it follows that

$$
r_{\alpha} \leq \frac{r}{2} \leq \frac{r_{\alpha}}{r_{1}} .
$$

Notice also that for any map of the form,

$$
\begin{gathered}
S=\tau_{q} \circ \delta_{r} \text { for } q \in \mathbb{H}^{n}, r>0, \\
S(F), S^{-1}(F) \in \operatorname{tr} \mathcal{V}_{m} \text { if } F \in \operatorname{tr} \mathcal{V}_{m}, m \in[1,2 n]
\end{gathered}
$$

and

$$
S(F), S^{-1}(F) \in \operatorname{tr} \mathcal{W}_{m} \text { if } F \in \operatorname{tr} \mathcal{W}_{m}, m \in[0,2 n]
$$

Therefore $S_{\alpha}^{-1}(k \cdot G) \in \operatorname{tr} \mathcal{V}_{m-1} \cup \operatorname{tr} \mathcal{W}_{m}$ and by (4.4) there exist $a_{i} \in E, i=1, . ., m+2$, such that

$$
\operatorname{dist}\left(a_{i}, S_{\alpha}^{-1}(k \cdot G)\right)>\rho .
$$

Therefore,

$$
\begin{equation*}
B\left(S_{\alpha} a_{i}, r_{\alpha} r_{0}\right) \subset B(k, r) \backslash\left\{x \in \mathbb{H}^{n}: \operatorname{dist}(x, k \cdot G) \leq \frac{\rho r_{\alpha}}{2}\right\} . \tag{4.6}
\end{equation*}
$$

This follows because for $x \in B\left(S_{\alpha} a_{i}, r_{\alpha} r_{0}\right)$,

$$
d(x, k) \leq d\left(x, S_{\alpha} a_{i}\right)+d\left(S_{\alpha} a_{i}, k\right) \leq r_{\alpha} r_{0}+r_{\alpha} \leq r,
$$

and

$$
\begin{aligned}
\operatorname{dist}(x, k \cdot G) & \geq \operatorname{dist}\left(S_{\alpha} a_{i}, k \cdot G\right)-d\left(x, S_{\alpha} a_{i}\right) \\
& =r_{a} \operatorname{dist}\left(a_{i}, S_{\alpha}^{-1}(k \cdot G)\right)-d\left(x, S_{\alpha} a_{i}\right)>\frac{\rho r_{\alpha}}{2} .
\end{aligned}
$$

Hence for $\delta=\frac{\rho r_{1}}{4}$, by (4.6) and (4.5),

$$
\begin{aligned}
\mathcal{H}^{m}(K \cap B(k, r) \backslash X(k, G, \delta)) & \geq \mathcal{H}^{m}\left(K \cap B(k, r) \backslash\left\{x \in \mathbb{H}^{n}: \operatorname{dist}(x, k \cdot G) \leq \delta r\right\}\right) \\
& \geq \mathcal{H}^{m}\left(K_{\alpha} \cap B\left(S_{\alpha} a_{i}, r_{\alpha} r_{0}\right)\right) \\
& =r_{\alpha}^{m} \mathcal{H}^{m}\left(K \cap B\left(a_{i}, r_{0}\right)\right) \geq \eta r_{\alpha}^{m} \\
& \geq \eta\left(\frac{r_{1}}{2}\right)^{m} r^{m} .
\end{aligned}
$$

Therefore there exist $C>0$ and $\delta \in(0,1)$ such that if $0<r<r_{1}$

$$
\begin{equation*}
\frac{\mathcal{H}^{m}(K \cap B(k, r) \backslash X(k, G, \delta))}{r^{m}}>C . \tag{4.7}
\end{equation*}
$$

Finally let $\nu \in \operatorname{Tan}\left(\mathcal{H}^{m}\lfloor K, k)\right.$ and recalling Lemma 2.9,

$$
\nu=c \lim _{i \rightarrow \infty} \frac{1}{r_{i}^{m}} T_{k, r_{i}, \sharp} \mathcal{H}^{m}\lfloor K,
$$

for some positive numbers $c,\left(r_{i}\right)$ with $r_{i} \rightarrow 0$. Then

$$
\begin{aligned}
\nu(B(0,1) \backslash X(0, V, \delta)) & \geq c \limsup _{i \rightarrow \infty} \frac{1}{r_{i}^{m}} \mathcal{H}^{m}\left(K \cap T_{k, r_{i}}^{-1}(B(0,1) \backslash X(0, G, \delta))\right) \\
& \left.=c \limsup _{i \rightarrow \infty} \frac{1}{r_{i}^{m}} \mathcal{H}^{m}\left(K \cap B\left(k, r_{i}\right) \backslash X(k, G, \delta)\right)\right) \\
& \geq c C .
\end{aligned}
$$

Therefore $\operatorname{spt} \nu \not \subset G$ and the proof is complete.
As an immediate corollary of Theorems 3.1 and 4.3 we obtain.
Corollary 4.4. Let $\mathcal{S}$ be an IFS of contractive similarities as in (4.3) that satisfies the open set condition, and

$$
0<\mathcal{H}^{m}(K)<\infty \text { where } m \in \mathbb{N} \cap[1,2 n+1]
$$

If $K$ is not contained in any translated $(m-1)$-vertical or $m$-horizontal group, i.e. $K \not \subset$ $G$ for all $G \in \operatorname{tr} \mathcal{V}_{m-1} \cup \operatorname{tr} \mathcal{W}_{m}$, then the $m$-Riesz transforms $\mathcal{R}_{m}^{*}$ are not bounded in $L^{2}\left(\mathcal{H}^{m}\lfloor K)\right.$.

In particular if $\mu$ is the natural measure on the $m$-dimensional Cantor-like sets of Theorem 4.2, then the $m$-Riesz transforms $\mathcal{R}_{m}^{*}$ are not bounded in $L^{2}(\mu)$.

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